表影着水粉水

义务教育教科书

英语

ENGLISH

七年级下册

人民教育出版社 课程教材研究所 编著

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致同学

亲爱的同学们,欢迎你们开启初中阶段的学习之旅!从现在开始, 这套教科书将伴随你们的英语学习,见证你们的成长。

本套教科书各单元以主题为引领,以问题为线索,以活动为途径, 关联现实生活,体现时代特征,包含丰富的文化内容。学习这套教科 书可以帮助你们发展语言能力,培育文化意识,提升思维品质,提高 学习能力,树立国际视野,涵养家国情怀,坚定文化自信,形成正确 的世界观、人生观和价值观。

教科书每个单元分为Section A和Section B两大部分,教学活动层层递进,形式多样。为了帮助你们更好地感知并夯实语言基础,学习并内化语言规律,使你们在语言理解与表达上更加准确、更有自信,前三册每个单元设置了语音板块,八年级和九年级增设了词汇板块,全套教科书都设置了语法板块。教科书还设置了以星号(*)为标识的选学内容,分别是项目活动和拓展阅读。

为满足起始阶段的教学需要,七年级上册设置了三个过渡单元和七个正式单元。其中,过渡单元结合打招呼、摆放物品、参观农家小院和农场等主题内容,为你们进入正式单元的学习做好准备;正式单元设置了结识新朋友、介绍家庭、熟悉校园、谈论科目喜好、加入学校社团、做好时间安排、庆祝生日等主题内容,帮助你们更顺利地融入学习生活、更有效地进行人际沟通、更积极地参与社会实践。

书山有路勤为径。希望你们充分利用英语学习资源,找到行之有效的学习方法,多听、多说、多读、多写、多记、多用英语。祝你们在初中英语学习中取得新的进步!



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Section A Unit



What brings people together? ? What is your school like?

Listening: Phone conversations to invite friends to do something **Speaking:** Have a phone conversation to fnd out what others are

doing

Pronunciation: $u/ju:/,/u:/,/\Lambda/$

Sentence stress(2)

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Rain or Shine

> How does the. weather affect Us?

? What's the weather like?

Listening: A weather report and a conversations about weather and

activities

Speaking: Talk about the weather and activities in different places

Pronunciation: ar/a:/; er/3:/; ir/3:/; or/5:/, /3:/; ur/3:/

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? What was your specal day like?

Speaking: Talk about a school trrp

7 A Day to Remember

What makes a day special?

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(?) What are your favourite stories?

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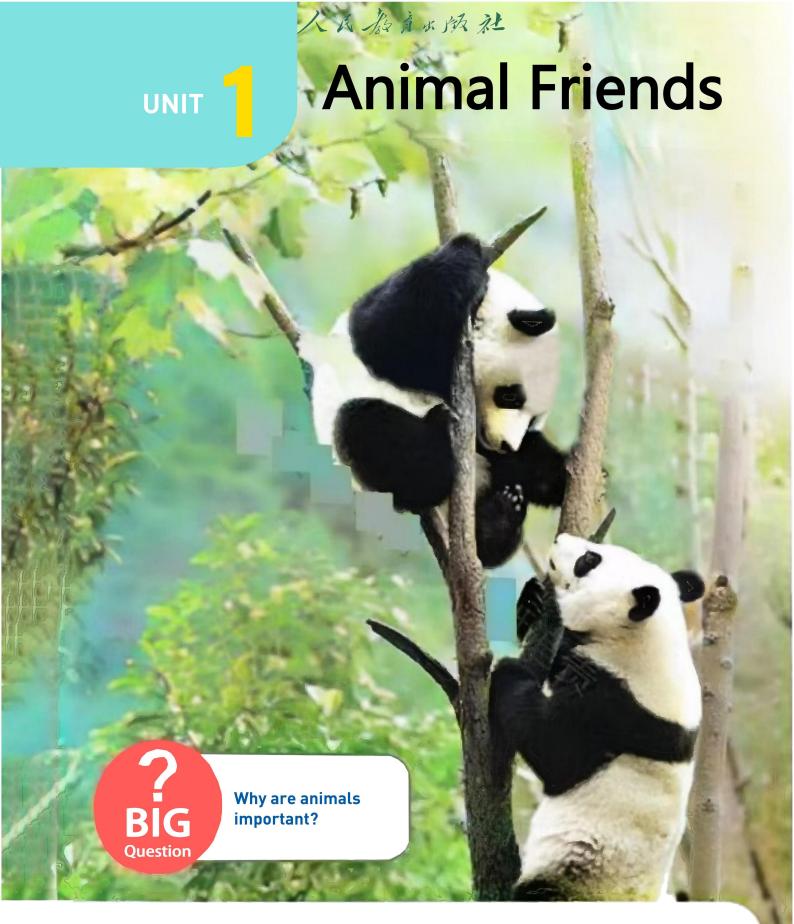


人民教育的教社 **Section B** *Project ? How do we share our lives with others? Draw a group of flats **Reading:** Descriptions of what people around the world are doing at the same time **Writing:** Write a description of peoples activities **Grammar:** Present continuous tense(1) ? How do we feel about the weather? Give a live weather report **Reading:** Posts about climbing Mount Huangshan **Writing:** Write a description of weather and activities **Grammar:** Present continuous tense(2) ? What did you learn on that special day? Write a chain story about a memorable **Reading:** A diary entry about a school trip to a farm day **Writing:** Write a diary entry about a school trip **Grammar:** Simple past tense (1) ? What can stories teach us? Create and perform a short play **Reading:** The story The Ugly Duckling **Writing:** Write an ending for a story

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In this unit, you will

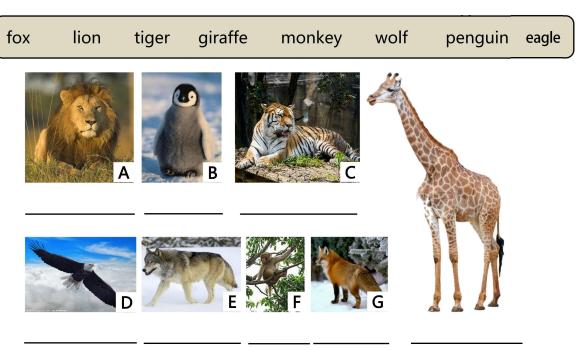
- 1. talk about different animals.
- 2. introduce your favourite animal
- 3. use adjectives to describe animals.
- 4.explore the meaning of caring for animals.

Look and share

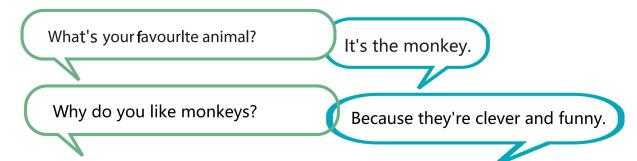
- 1. Can you name the animals in the photo?
- 2. What do you know about these animals.
- 3. Do you know any other special animals in China?

SECTION A

1a Write the animals in the box under the pictures



- Listen to the teacher's instructions, Answer the questions.
 - 1. Where are the students?
 - 2. Why are they there?
 - 3. When should they be back?
- \bigcap Listen to the conversation. Circle \top for true or F for false.
 - All three students like monkeys.
 Yaming doesn't like wolves.
 Wolves take good care of their babies.
 The three students see the monkeys before the wolves.
- Talk about your favourite animal.



Pronunciation



Listen and repeat.Add one more word to cach group

á	a	ai	ay	ai	aw
/eɪ/	/æ/	/eɪ/	/eɪ/	/ɔ:/	/ɔ:/
game make	fat cat	rain brain	way play	walk small	draw Iaw
			————		

2

Listen and repeat. Notice the pronunciation of -(e)s

sharks	lions	boxes	cats	birds
giraffes	monkeys	foxes	elephants	toads

1 Listen and repeat. Notice how the unstressed word and pronunciation.

1. A: Let's go _	see the monl	keys. They're my	favourite animals.

B: Why _____ like them?

A: Because _____ clever and funny.

2. A: Oh, look! A baby wolf and its mother! Do you like wolves?

B: No, I don't. They're very dangerous.

Listen to the conversation and circle the coloured words you hear

Peter: The penguin is my favourite animal. what's your favourite

Fu Xing?

Fu Xing: I like penguins too. Why do you like them so much?

Peter: Because they're very cule /cool!

Teng Fel: Yes, they look lovely/amazing. Let's go and see them.

Peter: Oh, there they are! They can't fly like other birds, but they can

swim fast. I like how they walk. It's funny/interesting!

Teng Fei: Yes, it is! Where are they from.

Fu Xing: Look here! It says they're from Antarctica. It's very cold there, so

they often stand close together. It helps them keep warm.

Peter: They're so clever / smart.

What do they eat?

Teng Fei: Fish and small sea animals

I think.

Fu Xing: I have a fish sandwich

Teng Fei: Don't give them your sandwich!

It's not good for them.

2b Read the conversation and take notes,

1. Name	2. Looks
3. Home	4. Food
5. Ability	

- Listen to the conversation again and pay attention to the unstressed words Then role-play it.
- 2d Match the headers (1-5) in 2b with the questions(A-E)

A. What does it look like? / How does it look?
B. What's your favourite animal?
C. What can it do?
D. Where does it usaally live? / Where is it from?
E. What does it usually eat?

2e Fill in a card about your favourite animal

Picture	Name: Looks: Home: Food:
Ability:	

Use the questions in 2d to ask about your partner's favourite animal



Grammar Focus

3a Read the sentences, Circle the word that introduces a reason.

What's your favourite animal?	It's the monkey.	
Where are penguins from?	They're from Antarctica.	
Why do you like penguins so much?	Because they're very cute!	
Why don't you like snakes?	Because they're really scary.	

lane · Sam	are giraffes from?
	from Africa. Do you like giraffes?
Jane : Yes, I do.	nom/imed. Do you like giranes.
-	you like them?
	they're interesting. They have
	your favourite animal?
- Sam : Guess! It live	
Jane : Is it the shar	k?
Sam : No. I don't li	ke sharks.
Jane : Why	you like sharks?
Sam : Because they	
Make the nouns sentences	in the box plural, Then use the plural nouns to complete
eagle for shark s	ox giraffe mouse penguin heep snake whale bear
l like	because they're cute / smart / interesting / funny / hug
I don't like	because they're dangerous / scary/

A: Is the animal's tail long?

B: No, it isn't.

A: Is it black and white?

B: Yes, it is

A: Where's it from?

B: It's from China.

A: It's a panda!

B: Yes, you're right!

SECTION B

How are animals part ofour lives?

- 1a What do you knowabout elephants? Share your ideas with a partner.
- 1b Read Malee's post and choose the best title for it.
 - A. What Is an Elephant?
 - B. My Favourite Animal: The Elephant
 - C. How to Save Elephants

Hi, I'm Malee and i live in Thailand!

The elephant is my favourite animal. i love elephant because they are strong and clever They are also a symbol of good luck here. The elephant is our national animal. On 13 March, we celebrate Thai Elephant Day.

Elephants look very different.from other animals, They are huge. They have large ears and long trunks. They can pick up and carry heavy things with their trunks.

Elephants are like us in some ways. They are very playful and love to play in the water, They are great swimmers. They are also clever. For example they can remember one another and places with food and water after many years. Elephants are very kind too, They look after other elephants when they don't feel well. The big elephants also help the baby ones.

Elephants are an important part of Thai life and culture, However, they are in danger. They live in forests, but people cut down too many trees. People also kill elephants for their ivory, Let's save the forests and not buy things made of ivory. Every elephant counts.

- 1c Read the post again and answer the questions
 - 1. When do Thai people celebrate Thai Elephant Day?
 - 2. What do elephants use to carry things?
 - 3. Are elephants clever? Give your reasons
 - 4. Why are elephants in danger now?
 - 5. How can we help save elephants?
- 10 Complete the mind map with the information from the post.

Complete the	mind map with the i	niormation from	tne post.
	3. What they o	can do	
	- pick up and carr	у	
2. What they look lik	e things		4. What they are likes
	- play and	in the water	- playful
- huge	place	es and other	
ears	elephants well		- kind
trunk			
1. What they are		/	5. How to save them
1. What they are		-	don't too
- Thailand's			many trees
animal		-	don't things
- a symbol of			made of ivory
2a Talk about wh	at you have in your	schoolbag.	
clos	e friendly big	great bea	nutiful
My dog, Xiaohua, is	part of the family. S	he is quite a	dog.but she
is not scary at all ! S	She has f	ur.She is really	and loves
to paly with everyo	ne.She is also very sp	ecial, You see, I a	m blind, Xiaohua is
my eyes. She helps	me find my way arou	ınd. She can see a	and has
	me walk to school an		
friends.		,	
		. 1	
Write your ow the questions	n post for the websito help you.	te about your fav	ourite animal, Use
- What does it	look like?	- What can it do	?

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- What is it like?

- Why do you like it so much?

Design a zoo

In groups, take turns to think of an animal, Describe it. Guess one another's animals and write them down in the table

Land	Water	Sky

- You're going to design a zoo, Choose some of the animals fom 3a for your zoo. Give your reasons.
- Draw a map of your zoo. Use the map and the exressions in the box to help you. Present your zoo to the cass. yote for the zoo you like
 - -Welcome to our zoo!
 - -This is ... / These are
 - -Here you can see
 - -There is / are
 - -These animals are
 - -We like ... because they are ...



Reflecting

How well can you do these things?	Very well	ok	Needs work
 I can talk about different animals. I can explain what I llke or dislike about animals. I can talk about theimportance of animals I can think of ways to care for animals. 			

Animals are our best friends



In this unit, you will

- 1. lalk about rules by using imperatives and modal verbs can, have to, and must
- 2. explain why we need to follow rules.
- 3. understand how rules are helnhuL

- 1. What school rules does the photo show?
- 2 Do you lollow nules like these?
- 3. What do you think about them?

SECTION A

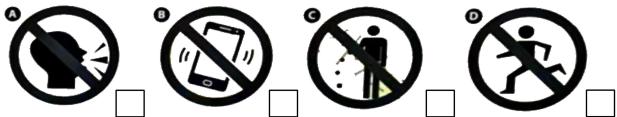
What rules do we follow?

_
3
a.

Does your schoolhave these rules? Tickthe ones that your school has

,	,	
Rule	Your school	Mary, Sally, and Tony's school
Don't be late for school. Arrive on time.		
Don't run in the hallways.		
Don't eat in the classroom		
Wear the school uniform.		
Don't use your phone in class.		
Don't litter, Keep your school clean and tidy.		
Be polite and treat everyone with respect.		
Put up your hano 't you want to ask your teacher a question		
Listen to the first part of the recording, Tick	the rules that a	re mentioned

1		
4	1 b	Listen to the first part of the recording, Tick the rules that are mentioned



Listen			_			
Ticton		Came	1.4.	4h a	conto	
Listen	agaiii.	Comp	rete	me	sente	inces
	0 /					

1. Mary can't	n the	
2. Sally mustn	't wear her own jacket in	She has to wear
3. "Tony can't	 He must keep th	e school

- 1 Listen to the second part of the recording, Who is the speaker? What rules does she talk about? Tick them in 1a.
- 1e In pairs, talk about the rules in lc.

Can Mary run in the hallway?

No, she can't. She has to walk in the hallway.



Pronunciation



1

Listen and repeat, Add one more word to each group.

	e	e	ea	ee	e	ar
/i:/	/e/	/i:/	/e/	/i:/	/ ɪə/	/eə/
she these	bed pet	please speak	head ready	tree sleep	ear dear	pear bear

Listen to the chant and notice the stressed words. Then listen again and repeat.

Across the country, in many schools, Every day mom Monday to Briday,

Students like us follow rules! Keep our school clean and tidy!

Be on time. Don't be late for class Raise your hand, Walk and don't run.

Keeping the rules is good for us! Keep the rules and let's have fun!

2a

Listen to the conversation and circle the coloured words you hear.

Anne: Hi,I'm Anne. What's your name?

Tom: Hello! I'm Tom, It's my frst day here.

Anne: It's nice to meet you, Tom! Is everything OK?

Tom: Well, I can't find my pencil box / pen.I think it's in my locker/

at home.

Anne: Here, I can lend you my pen.

Tom: Thanks! Would you like a sweet?

Anne: No, thank you. We can't eat snacks in class.

Tom: Can we eat fruit /drink water?

Anne: Yes, ofcourse.

Tom: OK, thanks ... Oh! I'm sorry

I have to answer my phone.

Anne: Oh, but we can't /mustn't

bring our mobile phones to class.

We have to turn them off and

put/keep them in our lockers.

That's another rule.

Tom: OK! Thanks for telling me, Anne.

Anne: You're welcome, Tom

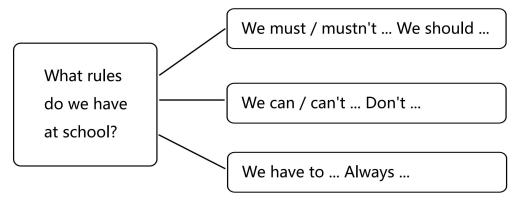
2b Read the conversation and complete Toms notes about the school rules.

We cannot	
We must not	
We have to	

- 2c Read the conversation again and answer the questions.
 - 1. Why is the day special for 'Tom?
 - 2. What does Anne lend to Tom?
 - 3. Why doesn't Anne take a sweet from 'Tom?
 - 4. Can 'Tom and Anne use their phones in class?
 - 5. Where must they keep their phones?
 - 6. Do you think they have good school rules? Give your reasons
- 2d Complete a summary of the conversation

It's Tom's	sday at this school. He do	esr't know	the school
well. Ann	e tells him about them. They	eat sna	cks in class, but they
(drink water. They can't bring their	mobile	to class. They,
must	them off and keep them in	their	

- Listen to the conversation again and pay attention to the stressed words. Then role-play the conversation.
- Talk about the rules you have at school. Use the phrases in the box to help you.



Grammar Focus

3a Read the sentences, Circle the word that introduces a reason.

Walk in the hallway.	Don't run!
Be polite and treat one an other withrespect.	Don't litter./You mustn't litter./You can't litter.
Can we bring our phones to class?	No, we can't. We must keep them in our lockers.
Can we eat snacks in class?	No, we can't eat in class. We have to eat in the dining hall.

Complete the sentences using can, have to /must, or can't/mustn't.
1. Don't jump the queue. You wait for your turn.
2. You just ask your teacher a question in class. You raise your hand first.
3. A: Can I leave the class if I don't feel well?
B: Yes, but you tell your teacher about it when you be absent from class.
4. A: Hey! Can I look at your book?
B: Shh, we talk quietly in the library.
5. A: Can you put on your seat belt? We wear one when we're i a car.B: Sure. Thanks!
Look at the first sign and read the rules, Then write the rules for the other signs. Do not eat or drink. No eating or drinking. You can't /mustn't eat or drink







3d In groups, brainstorm three rules for one ofthe places below. Then draw signs to show the rules. Share your signs in class and explain what they mean.

> library school dining hall hospital park cinema

In the library, we must keep quiet. We mustn't make noise. We can't ...



SECTION B

How can rules help us?

- 1a What are some of the rules in your home? What do you think about them?
- 1 Read Alice's letter to Dr Know and Dr Know's reply. Then answer the questions
 - 1. Why is Alice unhappy?
 - 2. Does Dr Know think Alice is right?

Dear Dr Know.

Helpl There are too many rules in my Iffel Every mornina, I have to make my bed before breakfast. I have to hurry to school because can't be late for school. When I'm in school, I mustn't use my phone in closs either. And I have to wear the uniform.

After school, there are even more rules I have to finish my homerork first,I can onlyplay basketball after I practise the piano. I can't hang out with my friends on weekdays, I know some rules are important but this is awfull What con Ido?

Yours.

Allce

Dear Alice,

Yes, there are many rules in life! But they can help you to become a better person.

You mustn't be late for class. That shows respect for your class and teacher You can't use your phone in class because you need to focus on learning. You have to wear a uniform because it builds school spirit.

You can also think about the things you can do! You can use your phone at home. You can relax after you finish your homework. And you can hang out with friends at weekends!

I know it's hard, but rules can help to make the world better.Remember: No rules, no order!

Best,

Dr KnoW

Read the letters again and complete Alice's notes about her problem.

Hama	-have to -have to	before because l	for school		
Home rules	-have to	 and	before I can play basketball		
	-can't with my friends on weekdays				
School rules	-mustn't use -must only wear				
Dr Know's advice	think about the things i				

2a Complete theletter to Dr Know using can, have to /must, or can't/mustn't

Dear Dr Know						
Can you help me? I	Can you help me? I follow too many rules at home and at					
school. I	_ clean my room eve	ery day, and l $_$		let my		
desk get untidy. At sc	hool, I	wear my own	clothes.l			
wear my favourite cap	either After school	, I	_ watch TV, b	out only		
after I finish my home	work, walk the dog,	and do lots of	other things!	!		
I can't even relax at w	eekends, because l	i	practise			
the violin every day!Inever have fun. what I do?						
Yours,						
Eric						

- 2b Choose three important rules from 2a.Discuss the queslions with a partner.
 - -Why is each rule important?
 - -Wbat is your advice for each rule?
- Write a reply to Eric as DrKnow, Give him some advice.

Dear Eric,

I know it can be difficult to follow many rules. But rules can be good for us...



*Project Make class rules

- **3a** In gruups, choose one goal tha you hope your class can achieve.
 - learn better
- have fun in school

- get along well

- take care of the classroom
- Brainstorm 5-10 rules to help your class to achieve the goal. Write them down.
- **3c** Work together to design a poster for your rules, Think of interesting ways to present the rules.

Always be kind and helpful

> Don't fight with your classmates.

IN THIS CLASS WE ARE FAMILY

Say"thank you" when your classmates help you

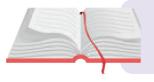
Don't use bad word

Say"please" when you ask for help.

Reflecting



How well can you do these things?	Very well	OK	Needs work
1. I can talk about the things I can and cannot			
do according to the rules			
2. I can explain how rules can be helpful.			
3. I can use modal verbs to describe the rules in			
different places			
4. I can understand how different people think			
and feel about rules			



Nothing can be achieved without rules



In this unit, you will

- 1. tlalk about how to keep fit
- 2. share how often you do sport and exercise.
- 3. use possessive adjectives and pronouns to identif ownership.
- 4. discover how exercise helps you keep fit

Look and share

- 1. Can you name the sport in the photo?
- 2. Is it a popular sport in China? Why do you think so?
- 3. Do you like to do this sport? Why or why not?



How often do you do sprt or exercise?

1a Write the sports items in the box under the pictures.

baseball baseball glove basketball exercise mat jump rope ping-pong bat running shoes tennis racket





Listen to the conversations at a sports centre, Answer the questions.

- 1. Whose football is it?
- 2. Whose baseball glove is it?
- 3. Whose tennis racket is it? How do you know?
- Listen again. Complete the table with the correct information.

Name	Sport	How often
Han Lin		
Emma		hardly ever
Peter		once or twice at weekends
Fu Xing		
Binbin	tonnic	
Ella	tennis	

In pairs, find one sports item that you both have. Talk about the sport or exercise you do with it.

Do you have a ping-pong bat?

Yes, I do.

How often do you play ping-pong?

I play it three times a week

Pronunciation 2





Listen and repeat, Add one more word to each group.

i		ie		у		
/aɪ/	/ I/	/aɪ/	/i:/	/aɪ/	/i/	/j/
mine	big	pie	piece	sky	party	yard
time	hill	lie	niece	why	healthy	yours



Listen and clap when you hear the stressed words, Then listen again and repeat.

• •	• • •	•••	•••
keep fit play sport Don't talk. What's this?	once a week keep me ft Not at all. Wheres my phone?	work as a team play with my friends Give her a book. Why do you like it?	if you like in the summer Is it hers? Do you see it?

2a Listen to the conversation and.Gll in the blanks

Emma:	There is a	bat here. Is it yours?
Jim:	No, it isn't mine. Is it Ella's?	
Emma:	No, hers is	
Jim:	Maybe it's Yaming's.	
Emma:	Hi, Yaming! Is this your bat?	
Yaming:	Oh yes, it's mine. Thanks!	
Emma:	Your ba	at looks well-used. Do you play often?
Yaming:	Yes,, and	sometimes more! And you?
Emma:	Hardly ever. I'm	at it!
Yaming:	Well, practice makes perfec	t. How often do you play, Jim?
Jimo:	I seldom do, but I often pla	y badminton.
Yaming:	Oh, me too.	
Emma:	I play ba	dminton with Ella. We should all play doubles



sometime!





Read the conversation. How often do the students do each sport? Tick the correct boxes

	Ping-pong			Badminton		
Name	seldom	sometimes	often	seldom	sometimes	often
Emma						
Jim						
Yaming						

Retell the conversation with the information from the table in 2b.

Emma, jim, and Yaming talk about the sports they do and how often they do them Emma and Jim seldom play ping-pong, but Yaming ...

Listen to the conversation again and match the stress patterns below with the coloured sentences, Then role-play the conversation.

A. • • • • B C • • • D • • • •

lmagine you have found an item at a sports centre, Make up a conversation with a partner, Use the words to help you.

ping-pong bat. badminton racket glove, jump rope volleyball, mat, running shoes ...

hers, his, theirs ..

play football / basketball / badminton /... go swimming / jogging/... do exercise jump rope

a few times / three times / only once or twice (a month, a week ...)



A: Excuse me, is this your ...?

B: Yes, that's mine. Thanks! / No, that's not mine. I think it's ..

A: Do you often ..?

B: Yes, I ... two or three times a week / ... How often do you ...?

A: I often / sometimes / hardly ever .

Grammar Focus

Read the sentences, Decide what the pronouns in bold refer to. Circle the adverbs offrequency and put them in order from the least to the most often.

Is this baseball glove yours?	Yes, that's mine.Thank you.
Whose badminton racket is this?	I think it's Han Lin's. His has"HL" on it.
Do you often play ping-pong?	Yes, I play once / twice / three times a week.
How often do you play football?	I play it twice a week, usually at weekends. I seldom / hardly ever play it. I never do.

3	b	Complete the	conversations w	ith the corre	ct pronouns
$\overline{}$		Complete the	COLL CLUMETORIS II	Terr tire corre	Promounis

1.	A:	Dad, where are my tenr	s shoes? And Tom's?
	B:	Yours are right here	are over there.
2.	A:	Whose badminton rack	t is that? It looks just like mine!
	B:	It's Sarab's.It's not	!
3.	A:	Who does this T-shirt b	long to? Is it yours?
	B:	Yes, it's1	nanks!
4.	A:	Are these our baseballs	Wu BinbinMike DavisReasonFavourite
su	bjed	ctName	
	B:	No, they're not	They belong to Emma and Ella.
		Thouse	

They're Complete the passage with always, usually, sometimes, seldom, or never.

Keeping fit is hard! I like jogging in the morning,						
but I	want to get up early! It	's				
hard at the sta	hard at the start when I'm still sleepy. I					
jog in the parl	jog in the park near my home. The air is clean,					
and I can hear	and I can hear birds singing.I jog in the					
evening because it's hard to see the way when						
it's dark. I jog three times a week, but						
exercise at home instead when it rains.						



In groups, ask one another how you keep fit. Take notes and give a report.

Name	What sport/exercise do you do?	How often do you do it?
Lin Tao	jogging	every day
Liii Tuo	badminton	twice a week

In our group, many students like to do sport and exercise. Iin Tao joqs every day ..



How is exercise good for us?

- How are sport and exercise good for us? Discuss your ideas with a partner and write them down
- Read three students accounts of their ways to keep fit, Fill in the blanks with use an exercise app, skateboarding, or play basebal1.

XiaTian

I like ______ very much.My fiends and I practise at a special park twice a week. My skateboard is really cool, and so are theirs. We encourage one another to do tricks, Some tricksare diffcult, but once you succeed, you feel great! I like skateboarding because it keeps me fit.



Jeeny



This year, my goal is to be really fit. I jog, swim, and do sit-ups. But my favounte way of keeping fit is to ______to work out.

The app gives me exercises to do

every day. It can show my progress. My friends use the app too. We have fun when we keep ft together!

Steve

I'm in my school's baseball club, so I _____ quite often. It's my favourite sport. We play many matches. The other teams are great, but I think ours is the best! We usually practise three times a week after school. We also exercise a lot because it keeps us fit and helps us play better.



Baseball also builds team spirit. All of us are good friends, both on and off the feld. We work as a team, and we win or lose as a team.

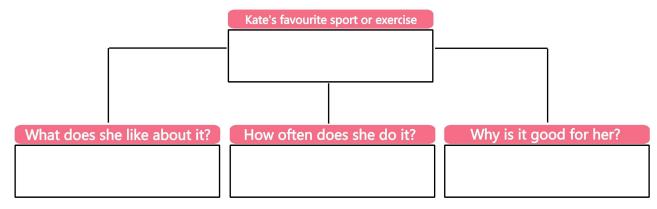


Read the accounts again and complete the table

Name	How often he / she does it	Why he / she likes it
Xia Tian		
Jenny		
Steve		

- Which activity in lb would you like to try? Give your reasons
- 2a A website wants to learn more about how teenagers keep fit.Read Kate's post and complete the mind map.

Kate My favoucite sport is swimming. it's fun to swim and play with my friends in the water. Also, I like swimming because the cool water feels great when it's hot.lgo swimming two or three times a week. Swimming is good for me because it keeps me healthy. It is good exercise for my body. think everyone should try it!



- Make a similar mind map about your favourite sport or exercise.
- Use your mind map to write a post about your favourite way to keep fit.

*Project



Compare exercise habits

- **3a** In groups, ask your group members questions about their favourite sport or exercise. Take notes in the table.
 - What sport or exercise do you do most often?
 - Why do you like it:
 - How often do you do it?

Name	Sport/Exercise	Reason	How often
Ai Ling	basketball	fun; good exercise	twice a week

3b Write a briefreport for your group. Then present it to the class.

In our group, three students favourite sporrls basketball. Two students like tennis and one likes running. We like these for different reasons. Ai Ling plays basketball for fun and exercise. She does it twice a week

3c Compare the reports. Find out which is the most popular sport or exercise and why people like it.

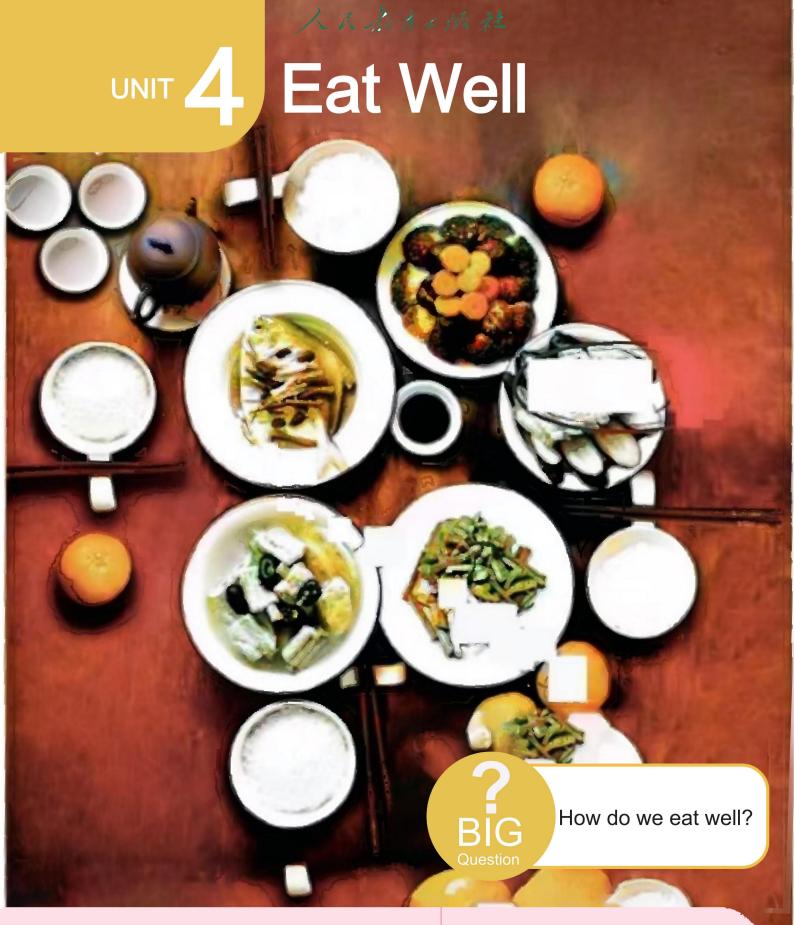
Reflecting



How well can you do these things?	Very well	OK	Needs work
1. I can talk about different ways to keep fit			
2. I can tell others about how often I do sport			
or exercise.			
3. I can talk about :hings that I own and identify			
ownership			
4. I can explain the importance of doing sport			
and exercise			



Exercise shapes



In this unit, you will

- 1. talk about what you or others have for meals.
- 2. ask others for their food preferences and offer choices.
- 3. use countable and uncountable nouns to talk about food and drink.

Look and share

- 1. Can you name any of the foods or dishes in the photo?
- 2. Which dish would you like to eat the most?
- 3. What is your favourite food? Do you often eat it?

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Why do you like to eat?

12 Write the foods in the box under the pictures, Which food(s) do you like?

carrot	onion	cookie	mutton	cabbage	waterme	lon
	A		B			C
					400	_
Constitution of the second	D		E)	Signal Str	6

1b	Listen to two conve	rsations. Tick the s	subjects Ella and Pe	eter talk about	
	1. Jane would like to hav	re			
	☐ beef and cand beef and cand beef and cand be watermelon 2. Li Meng would like to he	•	☐ mutton and onion☐ coffee	dumplings	
	☐ mutton and onion dumplings☐ tea		☐ noodles with beefand cabbage☐ watermelon juice		
10	Listen to the second c lunch (L),and dinner(D		es Jane have for brea	kfast (B)	
	beef	bread and milk	chicken	cookies	
	eggs and beans	fish and chips	ice cream	juice	
	nizza	calad	sandwiches	vogurte	

Write what you eat forbreakfast,lunch,anddinner,Then ask your classmates about their meals.

What do you usually have for breakfast/lunch /dinner?

i usually have porridge for \dots

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Pronunciation



1

Listen and repeat, Add one more word to each group,

0		oa	00		ou	ow		
/əʊ/	/a/	///	/əʊ/	/u:/	/ʊ/	/əʊ/	/əʊ/	/əʊ/
no	hot	come	coat	food	look	about	own	down
home	clock	done	roast	school	book	trousers	know	brown

2

Listen and repeat. Notice the intonation.

A: Welcome to my home! First, do you want to play / football or \ basketball in the garden?

B: Football!

A: Okay. Later, would you like to eat / Chinese food or \ western food?

B: Chinese food!

A: Nice! And after dinner, what about playing a / game or watching a \ movie?

B: Both!

A: Wow, you're full ofenergy! Yes, let's do it all!

2a

Listen to the conversation and circle the coloured words you hear.

Waiter: Hello! What would you like to

Tom: What about Gongbao chicken? We often have it in America, but it may

taste different here. I'd like to try it.

Dad: Good idea!

Mum: Do you have anything with tofu?

Waiter: Yes. Would you like a hot tofu dish or a cold one?

Mum: A hot tofu dish, please.

Waiter: We have Mapo tofu. Would you like that?

Mum: Yes, please. We should also order some vegetables /a salad.

Dad: How about a chicken and cabbage salad?

Tom: That sounds good. Can we order /get soup too?

Dad: OK.Let's see ... Which soup would you like, chicken or fish?

Mum: Fish, please!

Dad: Sure. Now, would you like rice or dumplings /noodles?

Tom: Rice, please.

Mum: OK. Let's get that

Read the conversation and complete the table.

Person	Choice for the family meal
Tom	
Mum	
Dad	

- Listen to the conversation again and pay attention to intonation in the alternative questions. Then role-play it.
- What food and drink would you and your partner like to order at a restaurant? Take notes and discuss your ideas, You can use the words to help you.

Beijing roast duck	cabbage	Dongpo pork	fish soup
hot pot	juice	Gongbao chicken	salad
strawberry cake	tea	beef noodles	yogurt
Food			Drink

- Role-play a conversation between a customer and a waiter or waitress at a restaurant
 - A: Welcome to our restaurant!

 Here is a menu for you. What would you like to drink?
 - B: I'd like ...
 - A: OK! Now what would you like to eat?
 - B: Do you have ...?
 - A: Yes, would you like ... or ...?B
 - : ... please

Grammar Focus

Read the sentences, Circle all the nounsforfoodand drink. Are they countable or uncountable in the context?

Would you like rice or noodles with your meal?	Noodles, please!
Which would you like, juice or coffee?	No, thanks. I'd like a cup of tea
What do you usually have for breakfast?	I usually have bread and milk Sometimes I have eggs and beans.

3b		g conversations are humorous.	Countable nouns:
	·	nem with the correct forms of the	bean, chip, cookie,
	nouns in bra	ackets.	dumpling.egg,noodle
	1. Customer:	Do you serve(fish)?	strawberry,vegetable,
	Waitress:	Sir, we serve everyone.	Uncountable nouns:
	2. Waiter:	Would you like the	beef, bread, meat, milk
	0 1	(bill) now?	mutton, pork, rice, sugar,
	Customer:	You can bring it over, but I'm	tofu
	3. Waitress:	sure I won't like it! Would you like(chip),	Countable &uncountable
	J. Waitiess.	(noodle) or	nouns:
		(rice) to go with your	cabbage,cake,chicken
		(chicken)?	drink,fish,fruit,salad,
	Customer:	I don't know, Where is my	sweet,tea
		chicken going?	
3c	Complete th	ne passage with the correct forms o	ofthe nouns in brackets.
	I try to eat hea	althy food every day. I eat fruit and	(vegetable)
	with every me	eal. I don't eat(sweet). Inste	ead, I have a pear, a
	banana, or so	ome(strawberry)! I love juice	e, but my mum says
	that it 's not g	ood to drink too much of it, It usually ha	s a lot of (sugar)
	_	rink more (water) and	
3d	Imagine tha	t your friends are at your home, Off	er them food and drink.
	B: I'd like	would you like, or?	
	_		





How do we make healthy eating choices?

- List what you want to eat tomorrow, Discuss ifyour choices are healthy Give your reasons
- Read the article from a clinic's newsletter. How many poor eating habits are mentioned?

ANNOUNCEMENTS PEOPLE WHAT'S NEW

Joy Clinic

NEWSLETTER

improve Your Eating Habits

Healthy eating is important for a healthy body and mind. Both what we eat and how we eat are important!

For example, some people have fast food every week. It is easy and delicious! But it often has lots of sait. tat, and sugar, That makes us put on weight. Eating fast food like pizza and hamburgers too often may cause heart problems later. if you cook your own meals instead, you can make healthy balanced meals.

Eating three meals a day is important. But some peope don't have breakfast. Maybe they don't feel hungry in the morning, or they are too busy to eat anything. But food gives us energy. it is easy to feel sleepy and find it hard to focus on our work or studies if we don't eat breakfast

Some people also eat too many sweet things. ice cream, sweets, and chocolate are delicious, but they usually have lots of sugar. This can cause tooth problems. When you want a snack, why don't you have some fruit instead? After all, an apple a day keeps the doctor away.

Remember: You are what you eat. Healthy eating means eating healthy food and having good eating habits.



Complete the table with the information from the article.

Poor eating habit	Result	Reason for the result	Idea / Advice
have fast food too often			
	feel sleepy, hard to focus	need food for energy	
			have fruit for snacks

- Read the article again and answer the questions.
 - 1. What foods have lots of salt and fat?
 - 2. What foods have lots of sugar?
 - 3. What.does "You are what you eat"mean?
 - 4. Do you think the poor eating habits in the article are common among young people? Why or why not?
- The Joy Clinie wants teenagers to share their eating habits, Read Lisa's post .How many eating habitsdoes Lisa write about? What are they?

I have some good eating habits.I eat three meals a day and I

Lisa

have them on time.I eat a lot of vegetables too. Some of my friends don't like carrots or other vegetables, and they don't eat them, but I eat all kinds of vegetables

However, i have some bad eating habits too. First, i drink too many soft drinks. i love soft drinks because they taste so good! But soft drinks usually have a lot of sugar, They're bad for me. Second,I don't drink enough water. I drink water when i am thirsty, but it's

better to drink before I get thirsty, In future, i should drink more

- Write a message using your information and post it on the board.
 - 1. What good habit(s) do you have?

water.

- 2. What bad habit(s) do you have?
- 3. What can you do to improve your eating habits?
- 2b Write about your own eating habits with the information from 2b



*Project



Create a restaurant menu

- In groups, create a restaurant menu, You can choose dishes from China orany other country.
- Make a menu. You can also add prices or other information, such as ingredients.

MENU	Soups
Cold Dishes	Staples
Hot Dishes	Drinks
	Desserts

Swap your menu with another group, Use the following points to check your menu and make revisions

-Are there many kinds of dishes?

Are there any special dishes?

-Are the dishes healthy?

Do the dishes look good?

Work with a partner from a different group, Role-play ordering food at a restanrant

A: Good evening, welcome to our restaurant, Here is our menu. Would you like something to drink first?

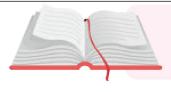
B: Yes, please. What drinks do you have?

A: We have tea and four kinds of juice: apple, orange, grape, and watermelon ...

Reflecting



How well can you do these things?	Very well	OK	Needs work
 I can name foods, drinks, and special dishes I can find out what others prefer to eat or drink 			
and offer them choices.3. I can use countable and uncountable nouns for			
food and drink. 4. I can make good food choices and build healthy			
eating habits.			



Food is life



In this unit, you will

- 1. talk about what is happening by using the present continuous tense.
- 2. learn to make and answer telephone calls.
- 3. find out more about the way of uife in different places around the world.

Look and share

- 1. Where do you think the people in the photos are? What are they doing?
- 2. Can you explain how it can be daytime in one city and nighttime in another city at the same time?
- 3. Do you know what time it is in gther places right now?





What are you doing right now?

1a Write the activities in the box under the pictures

gardening playing volleyball reading a book riding a bike shopping washing dishes













- Listen to the conversations and answer the questions.
 - 1. Who is calling his friends?
 - 2. What activity does he want to do with his friends?
 - 3. How many of his friends are free to do the activity?
- Listen again. Match the questions with the answers.
 - 1. What is Teng Fei doing?
- A. He is shopping.
- 2. What is Adam doing?
- B. He is watching a film.
- 3. What is Binbin doing?
- C. He is doing his homework
- 10 Role-play a conversation between a club leader and a student.

Hi! It's Peter. What are you doing at the moment?

m doing my homework.

Do you want to play volleyball at the sports park?

Of course! / i'd love to, but I'm working on something important

Pronunciation



1 Listen and repeat, Add one more word to each group.

	/ju:/	use cute
u	/u:/	true ruler
	/^/	up cut

Mhich words do you think are stressed? Underline them, Then listen and check

A: What are you doing?

B: I'm walking my dog.

Mum: OK.Bye, darling!

A: Would you like to play football with me at the sports park?

B: Yes, I'd love to. When shall we meet?

A: Let's meet at three o'clock.

B: Sure



Listen to the conversation between Jane and her familyback in the UK. Fill in the blanks.

lano	Hi Dad	2
	Hi, Dad	•
Dad:	Hi,Jane! I'm fine	·
Jane:	We're having a holiday here. H	lao Yi and I are
	making zongzi!	
Dad:	That sounds great! Are you ma	king them for
	the Dragon Boat Festival?	
Jane:	That's right! What about you? '	What are you doing?
Dad:	I'm washing the car right now.	
Jane:	Is Mum there too?	?
Dad:	Yes, her cold is gone. She's ga	dening, Hold on. Here's Mum.
Jane:	Hi, Mum!	_ ?
Mum:	: Good, thanks. It's great to hea	r your voice!
Jane:	Yours too! I'm happy you're fe	eling better
Mum:	: Thanks! Are you having fun in	China?
Jane:	Yes, I am, Hao Yi and I are ma	king zongzi and watching dragon boat
	races on 'T'V, Oh, I have to go	now. Let's talk later.

2b Read the conversation, Circle 'T for true, F for false, or NG for not given.

1.	Jane is enjoying her life in Guangzhou now	T	F	NG
2.	Jane always spends the holiday with Hao Yi.	Т	F	NG
3.	Jane's parents are preparing for the Dragon Boat			
	Festival now.	Т	F	NG
4.	Jane cares about her mother.	Т	F	NG
5.	Jane's mum is not feeling well at the moment.	T	F	NG

2c Read again and complete the table.

What are they doing?	
Jane	Jane's family

Listen to the conversation again and pay attention to the stressed words Then role-play the conversation.

Work in pairs. Role-play a telephone conversation. Use the telephone expressions to help you.

When you call somebody	When you answer the phone
Hello / Hi, it's This is speaking.	Hello? Who's this? May I ask who's calling?
Could i speak to? Is there, please?	Yes, hold on, please. Sorry,he /she is out at the moment Can I take a message? Would you like to leave a message?
Could you tell him / her to call me back?	No problem.

A: Hi, ...! How are you doing?

B: I'm ... Thanks! How about you? How is life in ...?

A: It's going ... I'm ... right now! And how is ...? Could I speak to ... too, please?

B: Yes, hold on, please. / Sorry, ... is ... at the moment.

Grammar Focus

3a Read the sentences. Underline the structures for the present continuous tense

Is he exercising at the park?	No. He's shopping at the supermarket
Are you making zongzi for the Dragon Boat Festival?	Yes. We're watching the races on Ty too
What are you doing right now?	I'm doing my homework.
What is he doing at the moment?	He's watching a film.
What are they doing?	They're having breakfast.

have	sing	paint	learn	take	tick	darke	do
1. A:Wow!		you	a flowe	er?			
B: Not r	eally. I'm	drawing a tree	e.				
2. A:Listen	!What	the p	eople next	door	?		
B: I can	hear the r	music, I think	they	and			
3. A: Wher	e's Mary?						
B: She		_an online cla	ass in her roo	om. She		French	
4. A:What	_	the boys	?	They look	like they	,	
	fun.						

3c Complete the postcard with the correct forms of the verbs in brackets

Dear Kate.	
I (write) to you from Pingyao! My family and	
I (visit) my uncle. We (have) a great	
time! My uncle (show) us all the sights. We	
(stay) near Pingyao's famous city walls.	Kate Smith
I know it's near your exams you	36 Flower Street
(study) today? I hope it all go well I go well go well I go well I go well _	London, UK

30 In groups, take turns miming different activities and guessing what they are.

A: Are you running?

B: No, I'm not.

A: Are you skating?

B: Yes, I am.



How do we share our lives with others?

1a Look at the clocks and tell the times in different places.

Chongqing



Nairobi



New York



evening/night/p.m.

afternoon /p.m.

morning /a.m.

A: What time is it in Chongqing?

B: It's 8 p.m./it's eight o'clock in the evening.

1b Read the video script and add the times from 1a into the text.

What is happening in different time zones around the world right now!what are people doing in different places?



It's ______in Chongging, China. Some people are rushing to get home from work. But others are not in a hurry! They are enjoying the city at night Lights a re shining briehtly across the city and colourful boats are moving slowly down the river. People are eating delicious food, such as Chongqing hot pot and noodles.

In Nairobi, Kenya, it's _____Many people are working hard in their of Aces. Some people are shopping for gifts, such as paintings and bags, in the markets Many others are walking in the parks and looking at elephants and giraffes, In this city, people live side by side with many wonderful animals!





It's ______in New York, USA. It's early, but the city is getting busy! Many people are rushing to the subway. They are going to work. Bright yellow taxi sare picking up and dropping offpassengers. Some people are jogging, walking, and riding bikes in Central Park.Others are drinking coffee and eating breakfast in coffee shops.

- 1c Read the script again and answer the questions.
 - 1. What special dishes can people eat in Chongqing?
 - 2. Where can people in Nairobi see big animals like elephants?
 - 3. What are people doing in Central Park?
 - 4. Can you explain why the time is different in each city at the same moment in time?
 - S. Which city do you want to visit the most? Give your reasons.
- People from the places in la are sayingthe sentencesbelow, Write the names of the places.
 - 1. "Look at that giraffe! It's drinking water"
 - 2. "Our family are taking part in a boat tour right now. we can see the city well from here!"
 - 3. "I'm joggg with my dog. The air is clean and the morning sunshine is great."
 - 4. "We're shopping because I want to buy some gifts for my friends"_____
 - 5. "I'm driving to work today, but it's taking a long time because it's rush hour."
- It is Sunday and people are doing different things in a park. Describe some of the activities to a partner.



2b Write a vlog script by describing what is happening in the park

Now it's ten o'clock in the morning, and i'm at People'\$ Park, look, the sun is shining! lets take a look at ...

*Project



Draw a group of flats

- 3a In groups, draw a group off fats like the one in 3c, Think of a fun name for your flats
- Draw some people doing different activities in the flats
- 3c Present your flats to your classmates, Describe what is happening in each fat Decide who has the happiest or most interesting flats



This is Sunny Flats, in this building, there are three floors, On the first foor, there are three fats. Now its eight oclock, lets see.what everyone is doing! Liangliang lives in flat 101 with his family, He's painting. He likes painting flowers Miss Jones lives in Flat 102. Shes playing the piano, She likes piano music. Mr Zhang's familylives in Flat 103.MrZhang is watching TVand hs wite isexercising on a mat!

Reflecting P

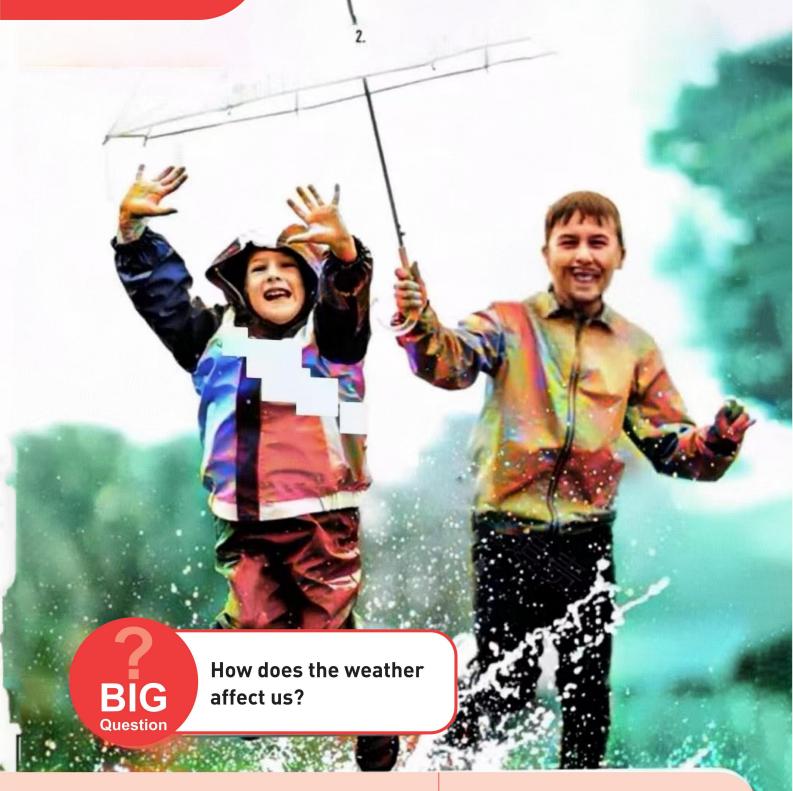


How well can you do these things?	Very well	ОК	Needs work
1. I can describe what the people around me are doing.			
2. I can use the present continuous tense to describe ongoing actions.			
3. I can use the right expressions to make and answer telephone calls.4. I can understand how people around the			
world can be doing different activities at the same time.			



Our interests make us interesting.

UNIT 6 Rain or Shine



In this unit, you will

- 1. talk about different types ofweather.
- 2. tatk about weatherrelated activities by using the present continuous tense and the simple present tense.
- 3. explore how the weather affects people's lives

Look and share

- 1. How do you think the kids in the photo fee! about the weather?
- 2. Do you like rainy weather? What weather do you like best?
- 3. What do you do during such weather?

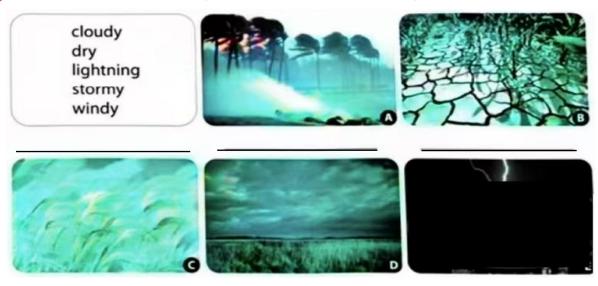
Rain orshine





How do you spend your school day?

1a Write the weather descriptions in the box under the pictures



Listen to the weather report. Match the different parts of Australia with the weather conditions

north	warm and dry	35℃
west	sunny and hot	20℃
south and east	stormy —	28℃
centre	cloudy	22℃

- Listen to the conyersation, Circle the correct answers,
 - 1. Where is Grandpa now?
 - A. In Australia.
- B. In his hometown.
- 2. What's the weather like at Grandpa's place?
 - A. It's stormy.
- B. It's sunny.
- 3. What's Lucy doing?
 - A. She is staying in.
- B. She is watering Aowers.
- 4. Is the weather making Grandpa sad?
 - A. Yes.

- B. NO.
- Act out a phone convesation with a partner, Talk about the weather near you and what people are doing.



Pronunciation



1

Listen and repeat, Add one more word to each group.

ar	er	ir	0	r	ur
/a:/	/3:/	/3:/	/ɔ:/	/3:/	/3:/
hard	verb	first	short	world	hurt
start	person	bird	horse	word	nurse

Read the chant and clap when you read the bold syllables, Then listen and repeat.

What's the weather like today? It's windy and warm. It's spring again. Let's fly a kite. isn't it great? Hooray! Hoorav! Let's play!

Listen to the conversation and fill in the blanks

Bill:	Hey,Anna. How's your holiday going?				
Anna:	It's wonderful! I'm at a beach in Sanya!				
Bill:	Wow, lucky you!	That sounds amazing. What's the weather like there?			
Anna:	lt's	It's about 28°C,			
Bill:	That's nice! What are you doing at the beach?				
Anna:	I'm sunbathing at the moment! My brother Johh's here too.				
Bit:	Oh, what's he doing?				
Anna:	He's	_right now. What about you?			
	How's the weathe	er in Stockholm?			
Bill:	Well,it's	It's about -3°C			
Anna:	Oh, that's really cold! What's your family doing?				
Bill:	Well, we usually stay in when it snows, but now we're				
	outside. Hey, cor	ne and visit us some day!			
Anna:	OK.Once the wea	ather turns warm!			

2b Read the conversation. Then complete the table.

information	Anna's family	Bill's family
Place		Stockholm
Temperature	°C	-3°C
Weather	hot and	cold and
Activity	sunbathing; playing	building a

- Listen to the conversation again and pay attention to the rhythm of the sentences, Then role-play the conversation.
- List the activities you can do in different weather, Tick the activities enjoy doing the most.

swim outside read build a snowman

lmagine you are calling a friend, Your friend is having a holiday in a place with different weather, Ask and answer questions using the ideas from 2d and the expressions below to help you.

Talking about the weather

What's the weather like in ...? it's really warm / ... now.

How's the weather in ...? Today, it's about ...°c.

Is it very cold / ... in ...? it's raining / ... heavily.

Talking about activities

What are you doing now?

Are you outside /... at the moment?

I'm shopping / ... right now.

I'm outside / at home /...

I usually run /...outside, but I'm

Are you having dinner / ... now? exercising / ... at home now.

A: What's the weather like in ...?

B: It's really ...

A: What are you doing now?

B: I'm ... right now. /I usually ..., but I'm... at the moment

Grammar Focus

you are?

Read the sentences, What tenses do they use? When do you use each tense?

What's the weather like?	It's raining heavily
How's the weather?	It's cold and snowy.
What are you doing at the beach?	I'm sunbathing
What's your brother doing?	He's playing beach volleyball right now
It's really cold! What's your family doing?	We usually stay in when it snows. But now we're building a snowman outside.

C	omplete the co	nversations wit	th the correct for	ms ofthe yer	bs in bracke	ets.
1.	A: Look, it	(snow)!				
	B: That's amazin	g! It	_ (not snow) here	e in winter usu	ually.	
			(rise)at			
	B: Really? Here,	the sun	(rise),but it	c's aureaay .		
3	A: It's so warm,	out she	(wear) a swe	eater!		
	B: Well, it's her f	avourite sweate	er, afer all, She alv	ways	(wear)	
4.	A: Look at the ki	tes! They	(fly) so hig	jh.		
	B: It's windy in s	pringhere. Peop	ole often	(fly) kites	in this seaso	on.
5.	A: Do you have	an umbrella? It_	(rain)outside.		
	B: That's the we	ather in London	l! ltt(rain) quite oft	ten. Here yo	u go.
C	complete the p	assage with	the correct for	ns ofthe vér	rbs in brac	kets.
lt i	is 2 January, It i	s freezing. The	2			
	mperature	•				
	any people					
	ecial place at th					
the	ey can see lots	ofspecial ice w	orks ot			
art	t like large and	colourful build	dings.			
So	me of the tour	ists	_(be) from Sou	th China. The	ey	(enj
the	e ice festival ve	ry much. Look	! What	they	(do)? som
of	them	(take)photo	os, and some	(ska	ate). Do you	ı know
the	e name of this	special place?				
Im	nagine that you	are at a beautifu	ul place outdoors	, Tell your par	rtner what th	ie
			ul place outdoors	, Tell your pa	rtner what th	ıe

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weather is like and what activities people are doing, Can he or she guess where

SECTION B

How do we feel about the weather?

- Look at the pictures on this page, What do you think you can see, hear, or feel when you climb a mountain?
- Read the posts by Helen and Peter, Are they visiting the same place? Do they feel the same about it?



We're here at Mount Huangshan! The clouds look amazing. It feels like a magical place. The trees and rocks look like a part af a painting.

Helen 7:22 1 May

We're at a rest area now, Climbing is hard, but we're making good progress. Although the weather is bad, many people here me still in high spirits. I don't like my brother. Peter is enjoying the experience very much, so I'm encouraging himn.

Helen 9:18 1 May



The sun is sbuning through the clouds! It's a lovely sight. I'm so glad we'ce here at Bright Peak.



Today I'm visiting Mount Huangshan with my family. i'm not really enjoying the experience. Everything looks grey, and you can't see much because of the heavy fog. The ground is very wet, so we have to climb slowly.

Peter 6:35 1 May

Helen 10:36 1 May

Climbing is tiring! My shoes are all wet and dirty too. There are many other tourists at this rest area, but they don't seem tired at all. instead, they're talking and laughing! My sister Helen is also in high spirits.

Peter 9:15 1 May

We're here at Bright Peak. Mount Huangshan is beautiful in the sunlight I'm tired and hungry, but it feels good to be at the top!

Peter 10:40 1 May



Complete Helen's and Peter's descriptions about their trip. Then use "O"or "×" to show how they feel.

Time and	Helen			
place	Thought	Feeling	Thought	Feeling
6:35-7:22	The mountain feels like The trees and rocks look like a part of	" O "	Éverything looks He can't because of His family has to	"×"
Rest area	Climbing is Her family is making She wants to Peter		Climbina is His shoos are Theand Helen are all in	
10:36-10:40	The sunthrougtr the clouds. It is asight		The mountain isinbut he feels	

Read the posts again. Complete the questions with the question words in the box and then answer them.

_	why 	Who	How	Where	What	J
1	did	Helen and	Peter see th	e tourists?		
2	does Helen think about the trees and rocks					
3	enjoys the experience more at the start?do you think					
4	does Peter feel at the end?					

2a Complete the passage with the correct forms of the words in brackets

There is a huge storm	today, I am sitting in my			
room and	_(look)out of the			
window, It	(rain) very hard. The			
rain is pouring down. The wind				
(blow) hard too, It is difficult for people				
to use their umbrellas. A man in the street				
(look) angry. He is shouting and				
(run) after his hat!				

Draw a picture of some people experiencing a heavy storm or another weather condition. Write a description of their actions

*Project



Give a live weather report

Read the weather information about Chengdu. Underline the information from the table in the report.

Chengdu		
Season	<u>spring</u>	
Month	<u>April</u>	
Weather	rainy	
Temperature	<u>20℃</u>	
Activity	stay in; do indoor activities	
Advice	carry an umbrella; pack a raincoat	

Good morning from, Chengdy in Sichuan Province. It's a cool spring morning in April It's raining heavly today and the temperature is around 20°C, Many people are staying today, its a good day to do indoor activitles. But look behind me! A few people are still outside. They're hurrying towards the nearby buildings to hide from the rain. It's impotant to carry an umbrella,or pack a raincoat today.

- In groups, choose a city and find information about its weather conditions on a certain day, Make a similar table to the one in 3a.
- Write a weather report with the information from your table in 3b, Give your report to the class.

Reflecting 🍟

How well can you do these things?	Very well	OK	Needs work
 I can talk about different types of weather. I can use the present continuous tense and the simple present tense to describe weather-related 			
activities.			
3. I can understand the influence of weather on people's lives.			



Enjoy your day, come rain or shine.



In this unit, you will

- 1. talk about things that happened in the past by using the simple past tense.
- 2. talk about school trios and what you learn from them
- 3. learn to write a diary entry.
- 4. reflect on special experiences

Look and share

- 1. Where are the students in the photo?
- 2. What are they doing? Are they working hard?
- 3. Would you tike to try this kind of work?







What was your special day like?

Write the activities in the box under the pictures, Did you do any of these activities last weekend?

played badminton went swimming

cooked food did homework met up with friends visited a science museum













- Listen to two conversations and answer the questions.
 - 1. How was Peter's weekend?
 - 2. What did Peter like about the museum?
 - 3. How was Teng Fei's weekend?
 - 4. How did Teng Fei feel after he talked to the tourists?
- Who did each activity? Listen again and write P for Peter or TF for Teng Fei

visited a museum	went to an exhibition
lost a book	took the wrong bus

____tried to help tourists ____ learnt how astronauts live and work

gave directions talked to robots

10 Talk about one of the conversations in 1b with a partner

How was Peter's weekend?

It was ...

What did he do?

Well, he ...

Pronunciation





Listen and repeat, Add one more word to each group.

	С	ck	Ç	9	Х
/k/	/s/	/k/	/g/	/dʒ/	1
cook catch	nice bicycle	pick clock	game give	age large	six next

2

Listen and repeat. Notice the pronunciation of -(e)d..

/t/ finished talked picked helped stopped /d/ climbed filled tried enjoved moved /td/ visited tasted ended wanted needed



Read the coloured words, Then listen to the short conversations and circle the words you hear.

- 1. A: Hey, I thought you did/didn't like maths!
 - B: I do / don't now. I was/wasn't insterested in it last year.
- 2. A: Hello. Aren't / Are you Ellas friend?
 - B: I don't / do know Ella!
- 3. A: I can / can't go on the school trip tomorrow.
 - B: Oh, you should / shouldn't tell our teacher about that now.



Listen to the conversation and GII in the blanks with correct adjectives.

Helen: Hi, Fu Xing. How was your school trip to the wastewater plant? Was it boring?

Fu Xing: No, it wasn't at all, It was really interesting!

Helen: Wow! What did you see?

Fu Xing: We saw the plant make dirty water again.

Helen: Really? How?

Fu Xing: Well, frst,_____water from our homes goes into the plant.

Then, special screens remove large pieces of waste from the water

Helen: What happens next?

Fu Xing: Well, _____ machines remove germs and other things from the water. These things are usually too _____ to see. It takes a few more steps after that before the water becomes clean again.

Helen: Wow! I used to think it was to get clean water

Fu Xing: Me too! I didn't realize it was so_____

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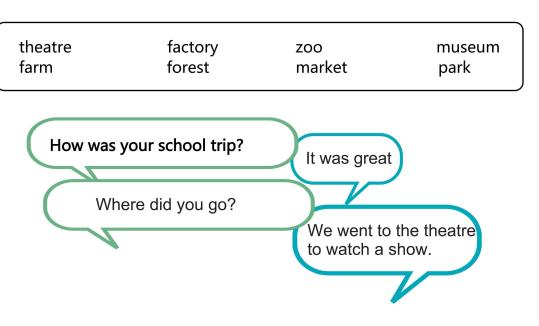
The state of the second of the	2b	Read the	conversation	and n	match th	ne sentence	parts.
--	----	----------	--------------	-------	----------	-------------	--------

1.The plant makes	A.remove small things from the water,
2. Dirty water goes	B, it was easy to get clean water.
3.Machines inside the plant	C. dirty water clean again
4. Screens inside the plant	D. remove large pieces of waste from the water.
5. Helen used to think	E. into the plant.

2c Complete the summaryofthe conversation in 2a

		Last wee	ek, Fu Xing's c	class went on a
		school t	rip to a	plant.The
		plant tui	ned dirty wa	ter into clean water
		Fu Xing	learnt about	the cleaning process
		First, dir	ty water goes	from people's
			to the plar	nt. Then the plant
		uses scr	eens to remo	ve large pieces of
			from the c	lirty water. Next,
large	_clean the water.They	remove	and	other small
things, It takes a	few more	before the w	ater becomes	clean again

- Listen to the conversation again and pay attention to the pronunciation of was, wasn't, did, and didn't, Then role-playthe conversation.
- Talk about a school trip you took to a special place.





Grammar Focus

Read the sentences, Circle the verbs in the simple past tense, Then underline the time expressions for the past.

Did you see anything interesting at the science museum yesterday?	Yes, i did. There was a space exhibition. There were robots
How's the weather?	No, he didn't. He felt bad about that.
Did you go on a school trip a week ago?	Yes, we did. We went to a waste water plant
What did you do the day before yesterday?	I visited the zoo with my family.
How was your weekend?	It was terrible I got no the wrong bus.I left my book on the bus too.

- 3b Put the words in order, Write the sentences using the correcrrenses
 - 1. my favourite actor, the day before yesterday, I, see, in a flm
 - 2. they, a day, spend, on a chicken farm, last month
 - 3. two bottles ofmilk, on the table, a few minutes ago, there, be
 - 4. last night, stop, the doctor, work, at ten o'clock
 - S. Ms Li, last Wednesday, meet, on the street, one ofher friends
- 3c Complete the passage with the correct forms of the verbs in the box

see	work	think	walk	be	learns
					/

Last week our class went on a school trip to Jinggangshan, In a museum we_____ about important people like Mao Zedong and Zhu De. We _____ many things such as old photos, paintings, and guns. We also tried on some uniforms from the past, We_____ along the mountain roads and _____ about the past. Many people back then____ hard to createa what we have today, It _____ day to remember, and it made me want to work hard for a better future too

In pairs, ask each other about the activities you did yesterday and what time you did them, Then tel the class about your partner's day.

Peter got up at 5 a.m. yesterday, He hadbread and an egg for breakfast, Then he ...



What did you learn on that special day?

- Do you keep a diary? Do you think it is a good idea to keep a diary? Discuss your ideas with a partner, Use the points to help you.
 - remember what happened
- record thoughts and feelings

- improve writing skills

- write down new ideas
- Read Sam's diaryentryand write a one-sentence summaryofwhat he did on that day.

Friday. 30 May

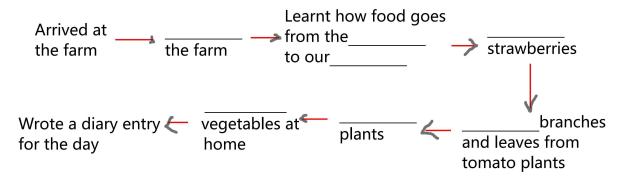
Today we went to a school trip to a farm! It was tiring but great fun! in the momina.we explored the fam. There were large tents with tomatoes.cucurbers and many other fruits and vegetables. The famer told us about now these fruits and vegetables go from the fields to our tables. Iwas veryinterested because I usually only see them in the superarket.

Then we got straight to work! First, we piticd some strawbenies The work seemed easy, but it took time to et it right. Slowly. we filled many baskets.in the afternoon, the famier taught us how to cut branches and leaves from tomato plants.inis nelps them to grow more fruit. Finally. we watered the plants. Plants need so much work! it was tiring. but I enjoyed working with my hands.

One thing I learnt today: Farming isn't easy! It made me think of the saying: "Every grain comes from hard work."The farer let us take some vegetables home. My mum cooked some for dinner.and theywere fresh and delicious! They certainly taste better when you work for them!Today was really a day to remember

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1c Complete the fow chart with the events from the text.



- Read the diary entry again and answer the questions.
 - 1. Where did Sam go for his school trip?
 - 2. How did he feel about the trip?
 - 3. What did he learn from the trip?
 - 4. What do you think "Every grain comes from hard work" means?
 - 5. Do you agree with Sam that food tastes better when you work for them? Give an example
- Make notes about your last school trip.

My School	Trip
1. Where did you go?	3. How did vou feel?
3. How did vou feel?	4. What did you learn?

Write a diary entry about the school trip. Use your notes in 2a and the expressions to help you.

I had a(n) amazing / good / bad / terrible day today.

Our class went on a school trip to ...

What a day!

Friday, 6 June

I had a really good day today, Our class went on a school trip to an art museum ...



*Project



Write a chain story about a memorable day

- 3a
- In groups, think of a place or situation where the story took place. Share any interesting or special experiences, Use the questions to help you.
- What did you see or do there?
- How did you feel?
- Did you learn anything
- Write a chain story together, lake turns to add one or two sentences each. You can use your experiences fom 3a to help you, Read the example below

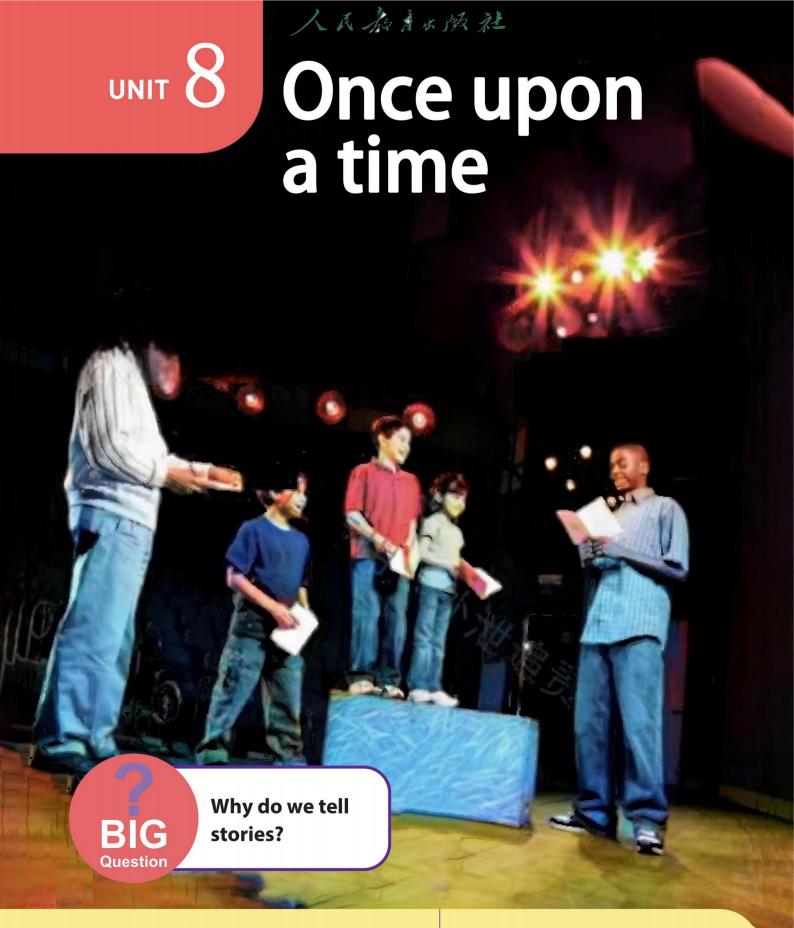
Laster summer, we heard munder At frst it was we had a very and saw lighting a nice day, but memorable flash across the then the weather day!We were. sky,just then ,we changed. It on holiday in the saw someone in started raining mountains. trouble

Reflecting 🎒

How well can you do these things?	Very well	OK	Needs work
1. I can talk about special experiences of the day			
I can read and write diary entries about school trlps.			
3. I can use the simple past tense to talk about what happened in the past.			
4. I can share whatlleamnt from past experiences			



If you try to learn something new each day you'll make each day special.



In this unit, you will

- 1. tell stories and talk about what you learn from them
- 2. use the simple past tense and the simple present tense in starytelling.
- 3. make up an ending for a story.
- 4. explore stories from diferent cultures

Look and share

- 1. What are the students in the photodoing?
- 2. How do you think they feel about it?
- 3. What do you think the teacher is helping them with?

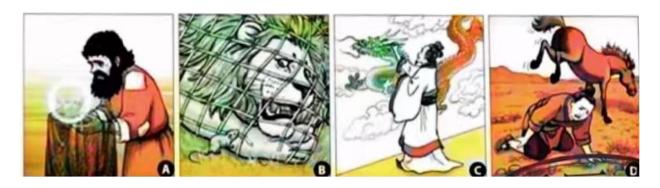
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What are your favourite stories?

1a Look at the pictures, Do you know what stories they are about?



10	Listen to the first conversation, Put the sentences in order.	
	The mouse bit through the net.	

 The mouse bit through the net.
The hunter caught the lion.
 The lion let the mouse go,
The lion caught the mouseThe mouse promised to help the lion.

Listen to the second conversation, Choose the correct words to complete the sentences

1. Long ago, a	farmer	_his horse.	
A.lost	B. killed	C.sold	
2. The farmer's	horse came ba	ck with	
A. five	B. six	C.seven	
3. The farmer's	son broke his_	oth	ner horses
A.head	B.arm	C.leg	
4. The	_didn't have to	join the wa	r,
A. farmer	B. farmer's	son	C.farmer's neighbour

- 1d Listen to the two conversations again and answer the questions.
 - 1. Why do you think the lion laughed when the mouse promised to help him?
 - 2. Do you like the story about the lion and the mouse? Why or why not?
 - 3. Did the farmer feel very sad when bad things happened?
 - 4. Was the farmer wise? Why or why not?
- (1e) Which story do you like more? Retell it to a partner.





Pronunciation





Listen and repeat, Add one more word to each group.

ch	ph	sh	th		sh th		wl	h
/tʃ/	/f/	/ʃ/	/0/	/ð/	/w/	/h/		
chair	physics	ship	throw	then	why	who		
which	elephant	fashion	maths	with	where	whose		

In pairs, read the conversation aloud slowly, Then listen and read it again at a normal speed, Notice how the letters in bold change sounds,

A: Did you read Little Women for English class? It's great.

B: No, I didn't. Would you like to tell me about it?

A: Well, I'd like to, But don't you want to read it by yourself?

2a

Emma is sharing a storywith her elass, Listen and circle the coloured words you hear.

Here's The Emperors New Clothes by Hans Christian Andersen. Once upon a time, an emperor loved new clothes very much. He wanted to buy some new clothes.

Two brothers came and lied to him, "We can make wonderful clothes! But only clever /smart people can see them!" They pretended to make the clothes.

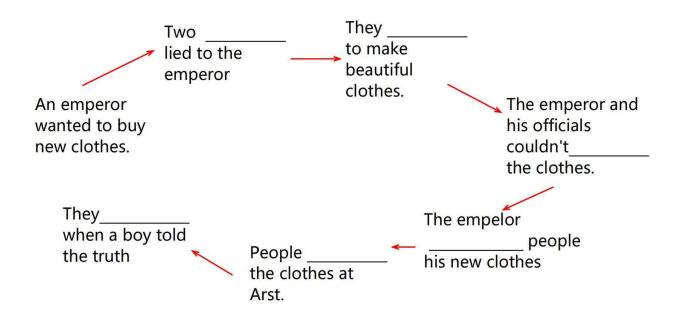
The emperor's officials couldn't see the clothes, but they said, "What lovely clothes!"The emperor couldn't see anything either, but he said, "They're beautifu!"No one wanted to look silly.

The emperor decided to show everyone his new clothes. People in the street /city praised them. They were afraid to look silly too!

Suddenly, a boy cried /shouted, "Look! The emperor has no clothes on!"Everyone looked at one another, Theystarted /began laughing

The end! Did you like the story? Please tell me what you think!

2b Read the story. Complete the fow chart.



- 2c Read the story again and answer the questions.
 - 1. What did the two brothers say about their clothes
 - 2. Why did the emperor and his offcials praise the clothes
 - 3. Why did the people in the street praise the clothes at first?
 - 4. Why do you think the boy told the truth?
 - S. Why do you think everyone started laughing at the end?
- Which characters from the story do you think said the sentences?
 - 1. "We can make a lot of money by lying to the emperor" one of the brothers
 - "There are two brothers outside, They say that they can make you fine clothes."
 - 3. "Oh! Where are my new clothes? I can't see them. Am I silly? That can't be true!"
 - 4. "I can't see the emperor's clothes, But everyone in the street is praising the clothes! I hate to be different. I should do that too"_____
 - 5. "What's everyone talking about? The emperor isn't wearing anything! I know he isn't!"
- 2e Listen to the story again, Then retell it to a partner.

Grammar Focus

3a Read the sentences, What tenses do they use? When do you use each tense?

Did you read Little Women for English class?	Yes. I did. it is a great book./No, I didn't. We chose a different book
Do you know the story of The Emperor's New Clothes?	Yes, I do. It's a funny story! / No, I don't. Please tell me about it.
How did the mouse help the lion?	It bit through the net, and the lion got out.
What did the brothers do?	They lied to the emperor.

3b Choose the correct forms of the verbs

- 1. When I am / was a child, my favourite book is/was Peter Rabbit.
- 2. I usually tell / told funny stories to my friend friends, I tell/told them a sad stroy yesterday, and they cried.
- 3. The mouse ask/asked the lion not to kill him. He promises / promised to help the lon, and the lion let him go.
- 4. The two brothers he lied to the emperor, but the emperor didn't know that and buy / bought their clothes.
- S. Usually, people feel/fell sad when they lose / lost something. But the farmer in the story didn't feel sad when he loses / lost his horse.

3c Complete the passage with am, is, or are.

Once upon a time, a king(ask) an artist to paint him a horse
"Please(give) me some time," the artist(answer)
The king waited for a few months before he (grow) angry. "Where
(be) my painting?" he asked, Quickly, the artist
(paint) a beautiful picture of a horse, The king said, "I (like)i
But why did you make me wait so long?" The artist(smile)and
(take) the king to his house, There were paintings of horses all
over! "It took me months to learn how to paint a horse well!" he

3d Share your fvourite story, Tell your classmates why you like it

My favourite storyis ...
Once upon a time....
The end!
I like this story because ...



What can stories teach us?

Look at the pictures, What do you think happens in this story? Number the pictures









Read the story adapted from The Ugly Ducklingby Hans Christian AndersenDiscuss the question with a partner.

-Is the ugly duckling a real duck?

The Ugly Ducking

Once upon a time, there was a mother duck. She had six little ducklings. Five of the ducklings were small and yetlow, but the last duckling was big and grey. "He doesn't look lrke us! What an ugly duckling!" the other

ducklings said, "That's not nice!" said Mother Duck, "He' 's still a duck like us!

At the river, the ugly duckling swam well, just-like all the other ducklings. But the other ducklings still laughed at him and told him to go away. it made the poor duckling very sad, so he decided to search for a new hame. He met many other birds, but all ofthem thought that he was ugly too. They did not want him to live with them.

One day, the duckling met a cat and a hen. "May I stay with you?" he asked hopefully. But the two animals said no. They did not like him because he could not purr or lay eggs!

Some days later, the ugly duckling came to a lake. There, he saw three beautiful swans with long necks and white feathers. "I wish I looked like you!" he cried "My friend, you do look like us! Look in the water!" one of the swans said. The duckling looked down, and to his surprise, he saw that he was a beautiful white swan too!

Read again and answer the guestions,

- 1. How was the ugly duckling different from the other ducklings in size and colour? How was he similar to them?
- 2. What did the ugly duckling search for? Why?
- 3. What did the swans look like? Were they friendly to the ugly duckling?
- 4. What do you think the story teaches us?

Match the characters with their opinions. Can you give these characters any advice? Share your ideas

A.The uglyduckling B.The five ducklings C.The other birds D. The cat and the hen

We only like animals with special skills.
You are welcome

You're big and grey. but we're small and yellow. You're very ugly because you don't look like us. We want you to go away. We cannot live with you because you're too ugly!

I believe I can find the right place for me

Read the beginning of the story, Write an ending for it, Use the questions to help you.

Once upon a time, a fsherman caught a bottle in his £shing net, When he opened it, a gréat cloud came out and became a genie!

"Prepare to die!" shouted the genie. "A long time ago,I made a promise, Ifsomeone set me freel would make them rich and powerful. But noone ever came. After years and years of waiting,became very angry. If anyone set me free, I would kill them instead of giving hem anything. So, you must die!'

- What would the fisherman say to the genie?
- Would the genie kill the fisherman? Ifso, how?
- Would the fisherman succeed in saving himself? If so, how
- What would happen in the end?
- **2b** Exchange your drafts and share your ideas with your group members



*Project 🚉 Create and perform a short play

- **3a** In groups, choose one of the stories from this unit to act out in class.
 - Which story do you think is the most interesting?
 - Which story would make an exciting play?
- **3b** Work together to write a short play for your group. Use the questions and the example to help you.
 - -What happens in the scenes?
 - -Where do they take place?
 - -How many characters are there in each scene?
 - -Who will be the narrator and who will play each chfcef?
 - -What will the characters say? How will they say it?

The Fisherman and the Genie (A Play)

Scene One [At the seashore]

Narrator: A fishman saw somethig surprising in his net.

Fisherman: What's this shiny thing? Oh. its a bottle! I wonder what's inside

Narrator: The fisherman opened the bottle. A great cloud of smoke came out

and it became a genie ..

3c Perform the play in class, Then vote for the best performance

Reflecting



How well can you do these things?	Very well	OK	Needs work
1. I can use the past tense to tell my favourite stories to others.			
2. I can express my ideas and feelings about a story3. I can write an ending for a story.			
4. I can understand the meaning behind stories from different cultures.			



Short stories can hold big ideas

人系為為★檢練 *Reading Plus

Unit 1

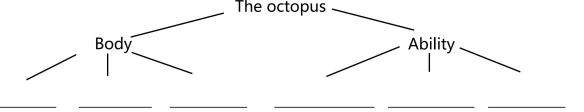
The Amazing Octopus

Among the many amazing animals in the world, few are asstrange and unusual as the octopus. There are around 300different kinds of octopuses, and they come in all sizes! The smallest is only around 2.5 centimetres long, but someoctopuses can grow up to more than five metres long. There was even an octopus over nine metres long!

The octopus's body is very interesting. All octopuses haweight arms. Their brain is not just in their head, but also in tewearms! This behpthem to think about and do more than one thing at once. Octopuses can also fit intermall places because tney do not have any bones! And did you know that octopuses have three hearts? These hearts work with different parts of the body. Octopuses can also do many amazimgthings. They can change how they look. They carchange their colour and shape to look lke plants or other sea animals. Octopuses caralso make ink. They keep it inside very small bags in their body.

When they produceink, the ink makes it hard for other animals to see them. This helps octopuses to geaway fast. What's more, when an octopus loses an arm, it can grow it back!Studying amazing animals like the octopus is important because we can learn a lofrom them, But they also show us how wonderful nature is and why it is important to protect it!

1 Read the text, Choose six amazing things about octopuses to complete the map.



- 2 Think ofsome other amazing animals, Discuss them,
 - What are they like?
 - What can they do?
 - What is amazing about their bodies or abilities?

Rules around Us

- -No fash photography.
- -Do not bring food or drink near exhibits
- -Do not touch exhibits.
- -No smoking.
- -Turn off or silence your phones.
- -Do not push others to get to the front of the erowd.
- -Watch your step ar*gnd exhibits.
- -Do not shout or make louy aoises

- -Do not feed the animals.
- -Do not litter.
- -Do not shout or make loud noises.
- -Do not disturb the animals
- -Do not climb over or put your hands or an arms through fonces
- -No flash photography.
- -No smoking.
- -Follow instructions when you take part in activities

- -Arrive early or on time.
- -Wear formal clothes.
- -Take your seats quickly and do
- -not block the aisles.
- -No filming or photography.
- -Turn off your phones
- Do not talk during the performance
- -Clap only at the end of the
- -performance

- -Do notrún in the pool area
- -Do nat dive or jump in the pool
- -Children and swmmming learners must
- -always be with a goad swimmer
- -Do not bring food or drink to the pool area
- -Wear swimming suits in the pooL
- -Only change clothes in the correct areas
- -No pets allowed
- -Shower before entering the pool
- 1 Read the signs and write the names of the four places in the boxes above.

SWIMMING POOL ZOO MUSEUM CONCERT HALL

Introduce the rules and explain why they are important,

Ladies and gentlemen, welcome to the ... Before you enter, please listen to our rules First, you must .

Healthy Body, Healthy Mind

We all know exercise is important, yet we don't always want to do it! Often we are too busy or feel lazy. We should try our best to exercise every day.

Exercise is good for our body. When we exercise, our body changes Exereise develops our muscles and makes us stronger, When we exercise, we use energy This week knees on weight down. Being overweight puts stress on our body. It can cause pain in our back and knees, and even cause more serious problems such as heart disease lafer in life.

Exercise is also great for our brain. During exercise, our heart beats faster and we breathe harder. Ourbrain gets more oxygen because of this, and that helps our memory improve. Scientists also tell us the body makes more of certain chemicals after exercise. This helps us to learn and think well. So, when you have trouble with your homework, do some exercise, then try again!

Exercise also helps us to feel happier, When we exercise, our brain makes special chemicals. These chemicals can relax our body and calm our mind. Feeling fit can also make us feel better and more confdent about ourselves, When we play a sport with others, we can even make new friends.

Remember: Health is wealth. The more you exercise, the healthier you become. Try to make exercise a part of your life.

1 Read the text and complete the outline.

Introduction				
Main	How is exercise good for our?			
parts	body	brain	mind	
Conclusion				

- Read the text again and answer the questions
 - 1. . What are some common reasons people give for not exercising?
 - 2. What do you think the writer means by "Health is wealth"? Do you agree?

"Only fruit and vegetables are healthy foods"

The human body needs to eat many different types of food to stay healthy.

The Chinese Food Guide Pagoda shows us what food we should eat. While fruit and vegetables are healthy choices, it is just as important to eat foods from other food groups. Milk for example, contains many nutrients and is good for our bones. We should include milk or dairy products among the things we eat.

"Eating fat makes you fat."

Eating fat is important for keeping us healthy. It gives us energy and helps our body to take in nutrients, Not all fat makes us gain weight, Some fat can even encourage our body to lose weight. it is necessary to include some, but not too much fat in our food to help our body work well.

"'it's OK to eat only what i like while I'm young."

When we are young, it might feel like we can just eat whatever we want! For example sweets and fried foods taste delicious. But we cannot eat those foods alone. Eating balanced meals is very important when we are young. it helps our body and brain to grow well. Bad eating habits may stay with us our whole life, so it is best to learn good eating habits early!

- 1 Read the text and answer the questions.
 - 1. What are the three food myths in the text?
 - 2. Why is milk good for the body? Give two reasons.
 - 3. Should we eat fat? Why or why not?
 - 4. Why do young people also need to be careful about what they eat?
 - 5. Do you agree with the ideas in the text? Is there anything you might change about your eating choices
- Brainstorm other beliefs about healthy food and eating habits. Which doyou think are true? Discuss your ideas.



Visiting New Places

Hey, i'm Sandra from Lisbon. Welcome back to my channel!
Today i'm visiting a friend in Paris. it's a wonderful city!
There are many tourists here. They're visiting the museum sand galleries. Some tourists are taking a boat along the River Seine too! My friends and I are going to the Eiffel Tower now! I'm taking lots of photos to send te ny family

Nihao! it's Liu Meng from Shanghai. Right now my family hand I are visiting friends in Canada. We're all on a tour of the Niagara falls. It's amazing! We're on a boat close to the falls. The water's pouring fast over the falls. It's so powerful! We're wearing raincoats but are still getting very wet! We're having great fun anyway!"

"Hey everyone, it's Alex. Today I'm visiting my uncle in Thailand. We're at the beach now! i'm from Switzerland, and this is actually my first time seeing the sea! it's great. The sun is shining and it's really hot, but there are still lots of people here. Some people are swimming and playing in the water and others are sunbathing or playing games on the beach My uncle is teaching me how to surf. it's tricky, but I think I'm making good progress. it feels great to ride the waves!"

1	1 Read the text who do you think is saying the sentences?				
	1. "The water's so loud! It sounds like thunder!"				
	2. "There are lots of famous paintings in those buildings				
	3. " 'm tired but that was great fun! I can see why people like this sport."				
	4. "This coat isn't helping much! I'm wet all over!"				
	5. "It's really hot today,. I can't wait to get in the water"6. "My friends want to				
	see the beautiful view of the city too!"				
2	Imagine that you and your partner are in one of these places. Talk about what you are seeing there				

Weather and Mood

Do you know how weather affects our lives? Well, it affects where we go, what we do, and what we wear. And it also affects how we feel and behave. it is a big part of our lives!



We often use weather language to describe how we feel. For example, if we are feeling ill, we say we are "under the weather". If we are feeling stressed and busy. wo can say that we are "snowed under". We use "bad" weather (rainy, stormy et). to destribe a bad mood, and "good" weather (sunny, warm, etc.) to describe a good mood.

And that is not all. The weather can even change the way we feel! For example, sunlight our body to produce vitamin D. This vitamin can improve our mood. But some parts of the world get less suniipht in winter, so people can feel unusually sad then. However when it is hot and sunny, some peaple may get angry easily too! Scientists are still studying how the weather changes the way people feel and behave.

These days, many of us spend less time outside than in the past. Getting no fresh air sunlight and spending too much time inside can make us feel down. it is very important to go outside once in a while, whatever the weather, rain or shine!

- Read the text and correct the statements
 - 1. The weather doesn't really affect how we feel and behave
 - 2. If we are feeling ill, we can say that we are "snowed under"
 - 3. We use sunny or warm weather to describe negative moods
 - 4. Our bodies produce vitamin D in winter.
 - 5. We can feel down ifwe spend too much time outside
- 2 Use a dictionary to help you match the weather idioms with their meaningsThen **fi**nd more weather idioms and share them with a partner

1. to brighten up A. to feel healthy or well again

2. to be on cloud nine B. to become happier

3. to feel as right as rain C. to be extremely happy and excited

4. to be in a fog D. to be confused

Wednesday, 22 july

Today was an amazing day. There was a total solar eclipse in Wuhan! i woke up early because I couldn't wait to see it!

My friends and I went down to the Yangtze River to find a good place to watch it. We took cameras chairs, food and drink, and special glasses so we could look at it. Lots of people gathered there to



watch too. Slowly, the moon moved in front of the sun. It looked like someone hit a hole in the sun! it got darker and darker as the moon slowly covered the sun.

At 9:26 a.m, the moon completely covered the sun, The city went dark. The crowd gasped and cheered, The light of the sun made a ring of light around the moon I took this photograph then. The total eclipse lasted for over five minutes! Then it passed and the sky started to get brighter again.

I was really inspired by the eclipse this morning. in the afternoon, I spent hours reading about astronomers, eclipses, and how the planets move in our solar system The universe is simply amazing! I also watched some videos with famous Chinese astronauts, I want to become an astronomer or an astronaut someday too. The sky is the limit!

- Read Lisa's diary entry and answer the questions
 - 1. Where did Lisa and her friends watch the eclipse?
 - 2. Why did Lisa and her friends take special glasses with them?
 - 3. How long did the total eclipse last for?
 - 4. What did Lisa want to be when she grew up?
- 2 Think of some memorable events, What was special about them? Share your story

visited a special place	celebrated something	attended a festival / celebration
took part in a competition	met a famous person	experienced something new



The Fisherman and the Golden Fish (A play!)

Adapted from The Tale of the Fisherman and the Golden Fish by Alexander Pushkin)

Narrator: There was once a fisherman who lived in a small house by the sea with his

wife. One day, something very special happened.

Scene One: [The fisherman's hut.]

Fisherman: An amazing thing happened when I went fishing today! I caught a little

golden fish. it could speak! it promised me whatever I wanted if I set it free.

Wife: At last, fortune smiles upon us! What did you wish for?

Fisherman: well.. I felt sorry for the fish, so I just put it back into the sea.

Narrator: His wife was very angry and made him find the fish?

Scene Two: [By the sea.]

Fisherman: Little golden fish, are you there?

Golden fish: Hello, kind fisherman. What's the matter? Fisherman: My wife was very angry because I didn't

make a wish. We need a new pot. Please

give us one!

Narrator: The golden fish said yes, and it went back

into the water.

Scene Three: [The fisherman's hut.]

Narrator: Back home, the fisherman found a new pot outside the touse

Fisherman: Look, a new pot!

wife: You fool! Can't you see we need a new house instead? Go back again and

ask for one!

Scene Four: [By the sea.]

Fisherman: Little golden fish, are you still there?

Golden fish: Hello again, kind fisherman.

Fisherman: My wife wants a new house! Can you help me please?

Narrator: Again, the golden fish granted his wish.

Scene Five: [The fisherman's hut.]

Narrator: The fisherman went back home. But his house was now big and beautiful

Fisherman: Wow! Our house looks amazing!

wife: The house is nice, but I want to be rich too! Go back and ask for money!

•••••

人民教育的教社





- Read the play and answer the questions.
 - 1. How did the fisherman meet the golden fish?
 - 2. Why do you think the fisherman's wife said "At last, fortune smiles upon us" "?
 - 3. How do you think the fisherman felt when he saw the pot?
 - 4. Why wasn't the fisherman's wife happy with the gifts?
 - 5. Do you agree with what the fisherman and his wife did? Why or why not?
- Read the words on the left and look at the play again, What do these words refer to? Match the words with their meanings.

1. play A. what the characters say tophganather

2.scene B. a part of a play

3. character C. a person in a story

4.narrator D. a story performed by actors

5. dialogue E. the person telling the story and explaining

what is happening

If you know the ending of the play, tell a partner about it, If you don't know the ending, what do you think it might be?

Vocabulary in Each Unit

注:依据《义务教育英语课程标准(2022年版)》,本词表中的重点词汇用粗体显示。

Starter Unit 1

fox/fpks/n.狐狸

giraffe/ʤəˈrɑːf/n. 长颈鹿

eagle/'i:gl/ n.雕;鹰

wolf/wulf/狼

penguin/'pengwin/n.企鹅

care/keə(r)/n照顾, 护理

v. 关心; 在乎

take care of照顾,处理

sandwich /'sænwɪʤ,'sænwɪtʃ/三明治

snake/sneik/n.蛇

scary/'skeəri/adj.吓人的;恐怖的

neck/nek/n.脖子

guess/geS/v 猜测;估计

shark/[aːk/n.鲨鱼

whale/weil/.n. 鲸

huge /hju:ʤ/adj.巨大的:极多的

dangerous/'deɪnʤrəs/adj.危险的:

有危害的

save/seiv/v.救:储蓄:保存

luck/lnk/n.幸运:运气

Thai /taɪ/ n 泰国的泰国人的

n泰国人泰语

trunk/trʌŋk/n.象鼻

pick/pik/u捡:摘

pick up拿起 举起

carry/'kæri/v拿;提

playful/'pleɪfl/adj.爱嬉戏的;爱玩的

swimmer/'swimə(r)/n游泳者

one another互相

look after 照顾

culture/'kʌlʧə/n.文化;文明

however/haʊˈevə/adv. 然而;不

讨

danger /'deɪnʤə(r)/ n. 危险

in danger于危险之中

forest/'fprist/森林

cut down砍伐: 滥伐

too many 太多

kill/kɪl/ 杀死:弄死

made of由……制成的

ivory/'aɪvəri/n.象牙

friendly/'frendli/adj,友好的

quite/kwaɪt/adv 相当;完全

quite a相当;非常

not .. at all一点也不:完全不

fur/f3:/(动物浓厚的)软毛

blind/blaɪnd/瞎的,失明的

hearing/'hɪərɪŋ/听力:听觉

Antarctica/ænˈtɑːktɪkə/南极洲

Africa/'æfrikə/非洲

Malee/Ma:li /马莉

Thailand/'taɪlænd/泰国

Starter Unit 2

rule/ru:I/n.规则:规章

order/'ɔːdə(r)/n.秩序 v点菜

follow/'fpləu/. 遵循:跟随

be late (for)迟到

arrive/əˈraɪv/v.到达

on time淮时

hallway/'hɔːlweɪ/n.走廊

Uniform / juinifoim/n.校服;制服

litter /lɪtər/ v乱扔 n垃圾

polite/pəˈlaɪt/adj. 有礼貌的

treat/tri:t/ v 对待;招待;治疗

n.款待

respect/rɪ'spekt/ n&v尊敬

if/ɪf/conj 如果

jacket/ˈʤækɪt/n夹克衫,短上衣

have to不得不

everything/'evriθɪŋ/ pron 每件事:

一切

lend/lend/ v 借给;借出

sweet/swiit/ n.糖果 adj,甜的

snack/snæk/n.点心;小吃

of course当然

mobile/'məʊbaɪl/adj 可移动的

mobile phone手机

turn off关掉(水、电或煤气)

queue/kju:/ n.队

jump the queue插队

wait for等待

just/ʤʌst/adv.只是;正好

leave/li:v/u离开;留下

absent/ˈæbsənt/adj.缺席的:不在的

be absent from缺席不在

shh /ʃ/(=sh) *interj*

嘘(用以让别人安静下来)

quietly/'kwaɪətli/adv. 轻声地:

安静地

belt/belt/n.安全带;腰带;皮带

feed/fi:d/ v 喂养;饲养

noise/noiz/n.声音;噪声

unhappy /ʌnˈhæpi/ adj, 不快乐的

Dr(= doctor)博士;医生

make sbs/the bed 整理床铺:铺床

either /'aɪðə(r)/

adv. 也(用于否定词组后)

practise/'præktɪs/v, 训练;练习

hang/hæ[]/v 悬挂

hang out 闲逛;常去某处

weekday/'wiːkdeɪ/ n. 工作日

(星期一至星期五的任何一天)

awful/ɔːfl/ adj. 糟糕的,讨厌的

become /bɪˈkʌm/ 变成,成为

better /'bɛtə(r)/ adj, 较好的

adv. 较好地

person /paːsn/n. 人

focus/fəʊkəs/u. 集中(注意力、精力等)

聚焦

tocus on 集中(注意力、精力等)于

build /bɪld 创建:建造

spirit/'spirit/v n. 福神;情绪

think about 思参:号

relax/rɪˈlæks/v 放松:休息

advice /əd'vaɪs/n. 建议;意见

understand / \nndə'stænd/

v理解:领会

untidy /ʌnˈtaɪdi/adj. 不整洁的

Mary /'meəri/ 玛丽

Tony /təʊni/ 托尼

Anne /æn/ 安妮

Eric/'erik/埃里克

Unit 3

fit/fit/adj. 健康的; 健壮的 v适合

baseball/bersbo:l/n.棒球(运动)

glove/glav/n.(手指分开的)手套

mat/mæt/n.(运动用的)垫子

rope /rəʊp/n.绳子:粗绳

jump rope 跳绳用的绳子;

跳绳(运动)

racket/'rækɪt n.(网球、羽毛球等的)

球拍

hardly /ha:dli/ adv

几乎没有

ever /evə(r)/adv. 在任何时候;

从来,曾经

hardly ever 几乎不

once /wʌns/ adv.一次:骨桑

twice /twars/adv.两次;两倍

mine /maɪn/ pron.我的(所有物)

hers /haːz;həːz/pron.她的(所有物)

maybe/'meɪbi adv.也许;大概

well-used adj.使用得多的

practice/'præktɪs/n.练习;实践

perfect/ 'pɜːfɪkt adj.完美的;极好的

seldom/'səldəm/adv.很少:不常

badminton /'bædmɪntən/ n.羽毛球

运动

double/dʌbl n, 双打:两倍

adj.成双的;两倍的

sometime/'sʌmtaɪm/adv.在某个时候

volleyball/voli_bo:l/n.排球(运动)

theirs /ðeəz./pron.他们的,她们的.

它们的(所有物)

jog /ʤɒg/u. 慢跑

few /fju:/ adj.(表示否定的)很少的:

几乎没有的

a few少数:几个

excuse /ɪkˈskjuːz/v 原谅;宽恕

excuse me劳驾;请原谅

over there 在那边

Tshirt/'ti:ʃɜːt/ T恤衫

belong/bɪˈlɒη/v. 应在(某处)

belong to属于(某人)

at the start 开始;起初

still /stɪl/adv. 还;仍然

sleepy/'sli:pi/ adj. 困倦的;想睡

instead /ɪnˈstɛd/ adv 代替, 反面

group /gruːp. / n. 组织

skateboard /ˈskeɪtbɔːd/、滑板

encourage/in'kʌriʤ/v. 鼓励;激励

trick /trik/n. 技巧;戏法

succeed/s**ə**k'si:d/v 成功:达到目标

skateboarding / skeitboidin/ n.

滑板运动

goal /gəʊl/Vn. 目标;目的

sit-up/SIT-Ap/ 1. 仰卧起坐

work out 锻炼

app /æp/ (= application epl'keyin)

n. 应用程序

progress/'prəugres/n. 进步;进展

match/mæt/n. 比赛; 竞赛

team /ti:m/n. 队;组

ours/'a**ひ∂z**/pron. 我们的(所有物

lose /luːz/u 输掉:丢失

teenager /ti:n_eidə/

n. 青少年(13岁至19岁之间)

Steve/sti:v/史蒂夫

Unit 4

watermelon /wɔːtəˌmelən/ n, 西瓜

cabbage /'kæbɪʤ/ n.卷心菜 mutton/'matn/n.羊肉 cookie /ˈkʊki/n.曲奇饼 onion/'ʌnjən/n.洋葱;葱头 dumpling /dʌmplɪŋ/n. 饺子 coffee /'kpfi/ n.咖啡 bean /bi:n/ n.豆 chip /tʃɪp/n.炸薯条 fish and chips 炸鱼薯条 salad/'sæləd/n.沙拉:色拉 porridge/'porids/n.粥:麦片粥 waiter/weɪtə(r)/n.(男)服务员 What about ...?······怎么样? taste /teɪst/有……味道:尝 n.味道 **anything**/eniθɪη/pron.某手物: 任何事物 dish/dɪ[/n.一道菜;盘 choice /tors/n.选择 meal/mi:I/n. 一餐所吃的食物; 早(午、晚)餐 pork/po:k/ n.猪肉 strawberry/'stro:bəri/ n.草莓 menu/menju:/n.菜单 customer /'kʌstəmə(r)/n.顾客 serve /sa:v/v提供:服务 waitress/weitrəs/n.女服务员 **sir** /sa::(r)/n.先生 go with 搭配:相配 pear /peə(r)/ n.梨 too much 太多 sugar /[vgə(r)/ n.糖 improve /ɪm'pruːv/v改进;改善

fast food 快餐 salt /splt;/ n. 盐 /sɔ:lt/ fat/fæt/n.脂肪 adj.肥胖的 put on 增加 weight/wert/n.体重:重量 hamburger / 'hæmbɜːgə(r)/n. 汉堡包 cause /kɔːz/v造成:导致 **heart** /hg:t/n.心脏:中心 balanced /'bælənst/ adj.均衡的; 平衡的 **too.** ..**to** 太……以至于不能 energy/'enəʤi/n,能力,精力 after all 毕竟:终于 away/ə'weɪ/ adv. 离开:在别过 poor/po:(r); pʊ:ə(r)/adj. 不好的: 贫穷的:可怜的 article /'ɑ:tɪkl/文章; 冠词 result/rɪˈzʌlt/n.后果:结果龙网 **common**/''kpmən/adj.共同的; 相同的 among /'ə'mʌŋ/.在…中;……之一 soft/spft/adj柔和的:柔软的 soft drink软饮料(不含酒精) thirsty /ˈθɜːsti/adj, 渴的 Gongbao chicken 宫保鸡丁 America /əˈmerɪkə/美国:美洲 Dongpo pork 东坡肉

Unit 5

ride /raɪd/ v. 骑n.旅程 moment/'moumont/ n.某个时刻: 片刻:瞬间

habit/'hæbɪt/ n.习惯

at the moment 现在;此刻

work on 做:从事

dragon /drægən/ n. 龙

festival / 'festivəl/ n. 节日

hold /həʊld/v拿着:抓住

hold on 别挂断电话:等一等

voice /vois/n.嗓音:声音

race /reis/n.比赛:竞赛

darling/'da:lɪŋ/n.亲爱的

somebody/'sʌmbədi/ pron.某人:有人

could /kʊd/ modal v 能;可以 /kəd/

message/'mesiʤ/n.消息:信息

take a message 捎中对指

leave a message 留个口

call back回电话

kick /kɪk/v. 踢:踹

wow/waʊ/interj.哇:呀

online/'pn_laɪn/adj.在线的

shuttlecock/''[ʌtlkɒk/n.羽毛球

sight/sart/n.名胜;风景;视力

exam /ig'zæm/(= examination

/ɪg.zæmɪˈneɪʃən/)n,考试

hope /həʊp/v. &n.希望

forward/fo:wed / adv, 向前

look forward to 希望

skate /skeɪt/ v. 滑冰

happen /'hæpən/v. 发生

zone /zəʊn/n.地区;地带;区域

time zone 时区

around the world 世界各地

right now 现在;立刻

rush /rʌʃ/v&n冲;奔

in a hurry 匆忙

shine /[aɪn/v发光:照耀 n.光亮

brightly /'braɪtli/ adv 明亮地

colourful/'kʌləfl/ adj.色彩鲜艳的

slowly/'slouli / adv 缓慢地

such /sʌʧ/ adj. 这样的;那样的

pron.这样(那样)的人或事物

such as 例如

painting/'peɪntɪŋ/n.绘画作品;

绘画:油画

market/'mg:kɪt/n.市场

side /saɪd/n. 边:侧

side by side 并排(并列地)

subway / 'sʌbweɪ/n. 地铁

bright/braɪt/ adj 鲜艳的;明亮的;

聪明的

drop/drop/u 把……送至:落下

n.滴:下降

drop off(开车)把某人送到某处

passenger/'pæsɪnʤə(r)/n.乘客

central /'sentrəl /adi中心的:中央的

take part in 参加

tour /tʊə(r)/n.& 旅行:旅游

sunshine /'sʌnʃaɪn/n.阳光

drive /draɪv/v开车:驾驶

rush hour(上下班时的)交通高峰期

Adam /'ædəm/亚 当

Dragon Boat Festival 端午节

Beth /bεθ/ 贝丝

Nairobi /naɪˈrəʊbi/ 内罗毕(肯尼亚首都)

New York /nju: jo:k/ 纽约

Kenya/'kɛnjə/ 肯尼亚

USA/juː-εs-eɪ/ 美国

Central Park中央公园

Unit 6

rain or shine 不论是雨或是晴;

不管发生什么事

affect/əˈfekt/v. 影响

dry /drai/v adj. 干的;干早的

lightning /ˈlaɪtnɪη/ n. 闪电

stormy/'sto:mi/ adj.有暴风雨

(或暴风雪)的

north/no:θ/n.北部,北北方/

west /west/n西部西西方

south/saυθ/n.南部南南方

east/i:st/n.东部东东方

centre/'sentə(r)/n.中间中心点

stay in 待在家里;没有外出

lucky/'lʌki/adj. 运气好的

带来好运的

lucky you 你真幸运

sunbathe / 'sʌn ˌbeɪð/v 沐日光浴;

晒太阳

some day将来有朝一日

temperature / 'temprəʧə(r)/ n. 温度

snowman / snəumən/

n.(pl.snowmen /'snəʊmen)雪人

heavily/'heVIli/ adv, 大量地沉重地

snowy/'snəʊi/adj.下雪的雪白的

beach volleyball 沙滩排球

high /haɪ/v. & adj. 高

feezing/'fri:zɪŋ/dj,.极冷的冰冻的

tourist/'tʊərɪstVn.旅行者观光客

mount/maunt/n.(在现代英语里

仅用于地名)山山峰

cloud/klavd/n.云云彩

feel like 感觉像

magical/'mæʤɪkl/adj.魔法的神奇的

rock/rok/n. 岩石

rest/rest/.休息;剩余部分

area/'eəriə/n. 场地;地区

rest area休息区

make progress 取得进展

although/ɔːl'ðəʊ/conj. 虽然;尽管

in high spirits 情绪高涨;兴高采烈

experience /ɪkˈspɪəriəns/ n. 经历:

经验v经历

through/θruː/ prep. 穿过:凭借

glad /glæd/ adj. 高兴的

peak /pi:k/n. 山顶

grey/grei/(AmE gray/grei/

adj.灰色的

because of 因为

fog /fpg/n. 雾

ground /graund/ n. 地面

wet /wet/adi. 湿的

tiring/'taɪərɪŋ /ad j令人疲倦的

累人的

seem /si:m/v 似乎;环像

sunlight/'sʌnlaɪt/n.光:光

at the top在顶部;在顶端

thought /0ɔːt/n.想法

mountain / maʊntən/n.山;高山

end/end/n.末尾;结束

at the end 最后;在末尾

storm /sto:m/n.暴风雨;暴风雪

pour /poː(r)/v倾倒;倒出

wind/wind/n.风

shout/saut/v&n.喊叫:呼唤

run after 追逐

Anna/'ænə/安娜

John /ʤpn/ 约翰

Stockholm/'stpkhəʊm/斯德哥尔摩 (瑞典首都)

Mount Huangshan 黄山

Bright Peak 光明顶

Unit 7

meet up 碰头;相聚

museum/mju:'zi:əm/n.博物馆

exhibition/eksɪ'bɪ[n/n.展览

direction /daɪˈrek[n/ n.方向

terrible /'terəbl/ adj. 糟糕的

trip /trɪp/n. 旅行

wastewater/"weist_wo:tə(r)/ 废水

plant /plg:nt/ ⊥厂

into /'ɪntu/ prep.到……里面: 讲入/'ɪntə/

remove /rɪˈmuːv/ v移开;拿走

piece/pi:s/ n.片;块

waste/weist/ n.废弃物 v浪费

machine/məˈʃiːn/ n,机器

germ /ʤ3:m/ n.微生物:细菌

step/step/ n.步骤;脚步

used to 过去常常(做)

realize /'rɪəlaɪz/(= realise)v. 认识到;

实现

inside/ɪn'saɪd/ prep.在…里面

adv.在里面

go on a trip 去旅行

process /'prəʊses/ n. 过程

theatre / 'θɪətə(r)/n.戏院:剧场:

电影院

factory /'fæktəri; 'fæktri / n. 工厂

actor/'æktə(r)/n.演员

gun/gʌn/n.枪

try on 试穿

along/ə'lɒŋ/prep.沿着;顺着

road /rəʊd/n.道路

create /kri'eɪt/ v 创造

record / 'rekɔːd/v. 记录

/'rɪkɔ:d/n.记录

skill /skɪl/ n.技能

write down 写下, 记下

explore /ik'splo:(r)/ 探索

tent /tent/ n.帐篷

cucumber /''kju:kʌmbə (r) / n.黄瓜

fom .to. 从…到…

straight/streɪt/ adv. 直接;立即:

笔直地adj直的

fill /fɪl/装满;盛满

basket/'bg:skrt/ n.篮子;筐

teach /ti:f/ v. (taught /to:t)教

branch./bra:ntf/n.分支:树枝

leaf /li:f/ n. (pi. leaves /i:vz/) 树叶

finally /'faɪnəli/终于

think of 考虑;想起

grain/grein/n.谷物:谷粒

fresh /freʃ/ adj. 新鲜的

certainly/'saːtnli/ adv 肯定地

diary/'daɪəri/n.日记:日记本

entry/'entri/n.(日记的)—则:入口

agree/əˈgriː/v 赞成;同意

agree with 赞成:同意

Unit 8

upon /ə'ppn/ prep.在…上

once upon a time 从前:很久以前

bite /bart / v (bit /brt)咬;咬伤

人民教育水纸社

bite through 咬穿

net/net/n.网;网状物

hunter /'hʌntə(r)/n.猎人:搜寻者

promise/'promis/u承诺:保证

n.承诺:诺言

long ago 很久以前

war /wo::(r)/n.战争

neighbour /'neɪbə(r/n.邻居

wise /waɪz/adj.明智的;高明的

emperor/'empərə(r)/n.皇帝

lie/laɪ/撒谎 n.谎言

pretend/prɪˈtend/v假装:伪装

official/əˈfɪ[l/n.官员;高级职员

silly /'sɪli/ adj. 愚蠢时:傻的

decide /dɪˈsaɪd/v, 决定

Praise /preɪz/v&n.赞美:表扬

afraid /əˈfreɪd/adj.害怕的;担心的

suddenly/'sʌdənli/ adv 突然地:

出乎意料地

at first 起初;最初

truth/tru:/真相adj.符合现实的

tell the truth 说实话

make money 赚钱

true /tru:/adj,符合事实的;真正的

hate /hert/不喜欢;厌恶;讨厌

get out逃脱;离开

king/kɪŋ/n.君主;国王

artist/'ɑːtɪst/n.美术家;艺术家

quickly/'kwɪkli/adv.快速地;很快

smile /smaɪl/v微笑 n.微笑:笑容

all over 到处:遍及

ugly/'ʌgli/ adj. 丑陋的:难看的

duckling/'dʌklɪŋ/n.小鸭子

real /rɪəl/ adj.真的;真正的

laugh at 嘲笑

go away 走开

search/s3:tf/v寻找;搜寻

search for 寻找

hen /hen/n.母鸡

hopefully /'həʊpfəli/ adv 有希望地

purr /p3:(r)/v(猫愉快时)发出鸣鸣声

lay /leɪ/ v (laid)下(蛋):

放置:搁

swan /swpn /n.天鹅

feather /'feðə/ n. 羽毛

to sb's surprise 出乎某人的意料

size /saɪz/n.大小,尺寸

dislike /dɪsˈlaɪk/v不喜欢;厌恶

n.不喜欢(的事物);反感

only if只有

fisherman /ˈfɪʃəmən /n.

(pl. fishermen)渔夫

fishing/ˈfɪʃɪŋ/n.钓鱼:捕的

come out出现; 离开

genie/ʤiːni/妖怪;鬼

die /daɪ/死亡;消失

make a promise 许下诺育

someone/'sʌmwʌn/pron.某人:有人

set/set/v使处于某种状况;使开始

set.free 释放

rich/rɪʧ/ adj,富有的;富含……的

powerful/'paʊəfəl/adj.强大的:有影响力的

anyone /'eniwʌn/pron.任何人;

某个人

instead of而不是:代

succeed in doing sth 成功做成某事

himself/him'self/ pron.他自己:

他本人 in the end of 最后终究 Hans/ha:nz/ Christian/ 'krIstJən/

Andersen/'ændəsʃn/ 汉斯-克里斯蒂安-安徒生

Vocabulary in Each Unit

注:依据《义务教育英语课程标准(2022年版)》,本词表中的重点词汇用粗体显示。

Starter Unit 1

lion / 'laɪən/n.狮子

tiger /taɪgə(r)/n. 老虎

monkey/'mʌŋki/n.猴子

should /ʃud; ʃəd/ modalv 应该:

应当

cool/ku:/adj.妙极的;酷的

lovely /'lʌvli/ adj,. 优美的;迷人的

cold /kəʊld/adj.寒冷的

stand /stænd/v站立

close/klaus/adv.紧挨着:靠近

adj.亲密的:接近的

warm /wɔ:m/adj. 温暖的;暖和的

sea/si:/ n.海;海洋

look/lok/n.看:瞧:

(pl.looks/luks/)相貌:容貌

mouse /maus/n.(pl. mice /mais/)老鼠

bea(r)/beə(r)/ n.熊 v.承受:容忍

tail /teɪl/n.尾巴

elephant /elɪfənt/ n. 象

strong/stron/adj.强壮的;强健的

ear /lə(r)/n.耳朵

heavy/hevi/adj.重的;沉的

water /'wɔ:tə(r)/n.水

cut/knt/v砍:切

down/daun/adv.下;向下

safe /sert/ adj.安全的

Starter Unit 2

late /leɪt/ adj,迟到的:晚的

Starter Unit 2

phone /fəʊn/n.电话

hand /hænd/n.手

must /mʌst: məst/ modal v 必须

pen /pen/n.钢笔

fruit /fu:t/ n.水果

bring/brɪŋ/u 带来

turn /t3:n/v转动

off / pf/ adv离开: 断: (停)止

jump /dʒʌmp/ v.跳

car /ka:(r)/n.小汽车

cinema/'sɪnəmə/n.电影院

hospital/'hospitl/n.医院

burry/'hari/u &n.匆忙

show/โอช/u表明:展示n.演出

world wo:ld/n.t界

clothes /kləʊðz/ n.衣服

TV/ti: 'vi:/ n

(=television teltrsn)电视

never/'nevə(r)/adv. 从不

Unit 3

over/əʊvə(r)/adv. 在另一边

prep.在……上方;超过

near /nɪə(r)/ prep.在…附近

adv. 在近处

air /eə(r)/n.空气

evening/'i:vnɪŋ/n.晚上

rain /reɪn/v下雨 n.雨

win /wɪn/v 获胜:赢

ealthy/helθi/ adj. 健康的

人民教育的领社

body /'bodi/ n. 身体 try /taɪ/&n.尝试:努力

Unit 4

tea/ti:/n.茶:茶叶 bread /bred/ n. 面包 ice creamn. 冰激凌 vegetable /'vedʒtəbl n. 疏菜 soup /su:p/n. 汤 rice /raɪs/n.米饭:大米 cup /knp/ n.杯 banana /bəˈna:nə/n.香蕉 hungry/'hʌŋqri/ adj.饥饿的 doctor /dpktə(r)/n.医生 young /jʌŋ/adj. 年轻的 bad /bæd/ adj.不好的:坏的

Unit 5

wash/wp[//u 洗洗澡 free /fri:/adj.免费的;自由的 holiday /'holədeɪ;'holədi/n假期 boat /bəʊt/ n. 小船:小艇 **supermarket**/'su:pə,ma:kɪt/ n.超市 boy/boɪ/ n.男孩 city /'sɪti/n.城市 street /stri:/n.街道 taxi/'tæksi/n.出租车 bag/bæg/n. 袋子 by /baɪ/ prep.靠近:在……旁边 wonderful/wʌndəfl/adj.精彩的:; 绝妙的

light/laɪt/vn.灯;光 adj. 轻的 move /mu:v/u 移动:搬动 river /'nvə(r)/ n. 河

foot /fʊt/v n. (pl. feet /f:v) 脚 sun /sʌn/n.太阳

Unit 6

weather/'weðə(r)/n.天气;气象 cloudy/'klaudi/ adj. 多云的;阴天的 windy/wɪndi/ adj. 多风的;风大的 **sunny**/'sʌni/ adj. 阳光充足的; 开朗的 hometown/'haumtaun/n.家乡 故乡

sad /sæd/ adj. 伤心,难过的 **beach** /bi:t[/n.海滩、海淀 snow/snou/v下雪n.雪 winter/'wintə(r)/n冬季;冬天 **summer**/sʌmə(r)/n.夏季;夏天 sweater /'swetə/n.毛衣 kite /kaɪt/ n.风筝 spring /sprin/n.春季;春天 seasn /si:zn/ n.季节 umbrella /ʌmˈbrelə/ n. 伞 dirty /'da:ti/ adj. 肮脏的 **tired** /taɪəd/adj. 累的;疲倦的 top /top/n.顶部;顶端 adj.顶部的;顶端的 man /mæn/n.(pl. men /men/)男人 angry/ængri/ adj.愤怒的;生气的

Unit 7

wrong/ron/adj.错误的 bus /bʌs/n.公交车 **astronaut**/æstrənɔ:t/n字航员 robot /rəʊbɒt/n机器人

again /əˈgen; əˈgeɪn/ adv. 再一次: 又一次

zoo /zu:/n.动物园 yesterday /'jestədeɪ; 'jestədi/ n. 昨天 space /spers/n.太空;空间 **stop**/stpp/v.停下 farmer/fa:mə(r)/n.农场主;农民

Unit 8

catch /kætʃ/ v. (caught /ko:v) 捕捉:接住

sell /sel/ v. (sold /sauld/)出售

arm/q:m/n.手臂:上肢

leg/eg/ n. 腿

cry/kraɪ/ v大叫;哭

money/'mʌni/n.钱:财富

Grammar

一、名词(Nouns)

1.可数名词和不可数名词

名词按其所表示的事物的性质可分为可数名词和不可数名词。可数名词有单数和复数两种形式,如 an apple-two apples、a bag-some bags 等。不可数名词一般只有一种形式,没有复数形式,如mik、bread、rice等。还有一些词既可以充当可数名词,也可以充当不可数名词,如fuit、fsh、chicken等。

2.名词复数

名词的复数形式一般在单数形式后面加-s或-es。名词复数词尾-s或-es的读音规律一般是:在清辅音后读作/s/,在浊辅音和元音后读作/z/,在/s/、/z/、/ʒ/、/ʃ/、/tʃ/、/dʒ/等后读作/ɪz/。

名词复数的构成和读备不例如表1所示。

例词与读音 构成方法 类别 book-books /buks/ cap-caps /kæps/ job-jobs /d3pbz/ -般情况 词尾加 -s bag-bags /bægz key-keys /ki:z/ boy-boys /bozz/ class-classes /'kla:siz/ 以s、x、 box-boxes /'boksiz/ ch、sh 等结 词尾加 -es watch-watches /wpt[z/ 尾的词 dish-dishes /'dɪ[ɪz/ family-families /'fæməliz/ 以辅音字母加 变y为i,再加 strawberry-strawberries /'stro:bərɪz/ y结尾的词 -es party-parties /'pa:tiz/

表1 名词复数形式的构成和读音

注:少数名词的复数形式是不规则的,如man-men、woman-women、child-children、sheep-sheep等。

二、形容词(Adiectives)

形容词可修饰名词或代词, 在句子中通常用作定语、表语和补语等

1.用作定语。例如:

But only clever people can see them!

It feels like a magical place.

Those young people like sport very much

2.用作表语,置于系动词之后。例如:

She is busy. The film is boring.

A good student must be diligent.

They are very hard-working.

3.用作补语。例如:

We need to keep our school clean and tidy,

She made me angry last night.

三、副词(Adverbs)

1.副词的用法和意义

副词在句中主要用作状语,修饰动问 形容词、其他副词以及全句,表示时间、地点、

程度、方式等概念。

(1)修饰动词。

例如:It'srainingheavily.

(2)修饰形容词。例如:

Thedogisquitecute.

(3)修饰其他副词。例如:

Shedrivesverycarefully.

(4)修饰全句。例如:

lusuallyhavebreadandmilkforbreakfast.

2.频度副词

频度副**词**是副**词的一种**,**表示**事**情**发生**的**频率。常**用的**频度副**词有**always usually,often,sometimes,seldom(hardlyever),never等,它们**在**频度上**的**差异为:

always> usually> often>sometimes >seldo(hardly ever)> never

频度副词通常放**在实义动词**前面。如果**句子**里**有情态动词、助动词或系动词** be,频度副词通常放**在这类动词**之后。例如:

I always play tennis near my house.

We usually practise three times a week after school I often go swimming because it keeps me healthy.

Sometimes I have eggs and beans.

I seldom / hardly ever see my friend Lucy now.

A kind word is never lost.

四、情态动词(Modal Verbs)

情态动词表示说话人的语气和情态,如请求、许可、意愿、可能等。在形式上,情态动词一般没有人称和数的变化。有的情态动词没有时态的变化,如must。情态动词本身不能单独作谓语,必须和动词原形连用。常见的情态动词有can、may、must、have to、should、would等。情态动词一般有多个意义。情态动词的否定式一般是在其后加not构成,一般疑问句通常将它提到句首。情态动词的肯定式一般不重读

1. can 和 could 的用法

(1)表示能力。例如:

We can speak a little English.

I can play badminten, but i ean't play volleyball.

He could swim when he was only six.

(2)表示许可。例如:

You can play basketball at the weekend

We can't run in the hallways.

Father said I could swim in the pool.

(3)表示请求。例如:

Can you help me with my Chinese?

could 也可表示请求,但比 can 的语气更委婉。例如:

Could you tell him to call me back?

2. may 的用法

(1)表示许可, 意思是"可以"。例如:

May I borrow your dictionary?

Class is over. You may go now.

may和can都可以表示许可,但两者略有差别。may的用法比can更正式,语气更委婉。

(2)表示可能性, 意思是"也许;可能"。例如:

I may be late, so don't wait for me. That may be true.

3.must 的用法

must 表示"必须"。例如:

Don't arrive late for class. We must be on time You must read a book before you watch 'TV.

4. have to 的用法

have to 表示"不得不:必须"。例如:

We have to be quiet in the library.

She has to do her homework first when she gets home.

have to 表示"必须"时、与 must意义很接近,有时可与 must互换。例如:

We have to / must follow the rules.

但它们在以下方面有所不同。

(1)must通常表示的是说话人的主观看法,语气比较强烈have to往往强调客观需要。例如:

We must hurry, I don't want to miss the beginning of the shon

We have to hurry The train is leaving in five minutes.

(2)它们的否定式含义大不相同。mustn't表示"不准;禁止",而don't have to 表示"不必"。例如:

You mustn't talk to your mothier like that.

You don't have to come if you don't want to.

(3)must没有人称和数的变化,而haveto有人称和数的变化。例如:

I / We / You / They must do something about it.

I have to finish my work today.

She has to work late today.

They have to get to the station before five o'clock.

五、物主代词(Possessive Pronouns)

物主**代词**是表示所有关系**的代词**,分为形容**词**性物主**代词**和**名词**性物主**代词**两种。 七年级上册已**介**绍了形容**词**性物主**代词**,此处继续**介**绍**名词**性物主**代词**。

名词性物主**代词**相当于**名词**,不能用于**名词**前,说话时要加重语气。例如:

A: Is this your pen?

B: No, it isn't. The blue pen is mine.

A: There is a ping-pong bat here. Is it yours?

B: No. it isn't mine. Is it Ella's?

C: No, hers is at home.

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表2 物主代词的分类

物主代词	单数			复数				
	第一人称	第二人称	第	三人	除	第一人称	第二人称	第三人称
形容词性 物主代词	my	your	his	her	its	our	your	their
名词性 物主代词	mine	yours	his	her	its	ours	yours	theirs
含义	我的	你的	他的	她的	它的	我们的	你们的	他(她,它) 们的

六、现在进行时(PresentContinuous Tense)

- 1.现在进行时的意义
- (1)表示现在(说话时)正在进行的动作或存在的状态。例如:

The students are listening to the teacher.

He is sleeping now.

(2)也可表示当前一段时间或现阶段正在进行的动作或存在的状态。例如:

We are working on a farm these days.

I'm reading a history book this month

2.现在进行时的构成现在进行时是由助动词be(am/is/are)加动词-ing形式构成的。 以动词work 为例,现在进行时的肯定式、否定式、疑问式和简略答语如下。

表3 现在进行时的肯定式和否定式

肯定式	否定式
I am working.	I am not working.
He / She is working.	He / She is not working.
We / You / They are working.	We / You / They are not working

表4 现在进行时的疑问式和简略答语

疑问式	 	
Am I working?	Yes, you are. No, you are not (aren't) / No, you're not.	
Are you working?	Yes, I am. / Yes, we are. No, I am not. / No, we are not (aren't).	
Is he / she working?	Yes, he / she is. No, he / she is not (isn't).	
Are they working?	Yes, they are. No, they are not (aren't).	

3.动词-ing形式的构成

表5 动词-ing形式的构成

类别	构成方法	副词
一般情况	直接加-ing	go-going ask-asking look-looking study-studying
以不发音字母e结 尾的动词	去掉e、再加-ing	write-writing make-making take-taking
以重读闭音节结尾 的动词,末尾只有 一个辅音字母	双写词尾的辅音字母, 再加 -ing	get-getting sit-sitting put-putting stop-stopping begin-beginning
以 ie 结尾的动词	变ie为y再加ing	lie-lying die-dying

七、一般过去时态(Simple Past Tense)

1. 一般过去时的意义

(1)表示过去某个时间或某一段时间内发生的动作或存在的状态,常和表示过去的时间状语连用,如yesterday、lastnight、币1990、twodays ago等。例如:

He got up early yesterday.

I visited my grandparents last week.

(2)也可表示过去经常或反复发生的动作,常和often、always等表示频度的状语连用。例如:

He always went to work by bus last year.

2.一般过去时的构成

以动词be和work为例,一般过去时的肯定式、否定式、疑问式和简略答语构成如下

表6 一般过去时的肯定式和否定式

动词	肯定式	否定式
be	I/ He / She was at home yesterday. We / You / They were at home yesterday.	I / He / She was not (wasn't) at home yesterday. We / You / They were not (weren't)at home yesterday.
work	I / You / He / She / We / They worked in a hospital last year,	I / You / He / She / We / They did not(didn't) work in a hospital last year.

表7 一般过去时的疑问式和简略答语

动词	肯定式	否定式	
	Was I late yesterday?	Yes, you were. No, you were not (weren't).	
	Were you late yesterday?	Yes, I was. No, I was not (wasn't).	
	Was he / she late yesterday?	Yes, he / she was. No, he / she was not (wasn't)	
be	Were we late yesterday?	Yes, we / you were. No, we / you were not.(were't)	
•	Were you late yesterday?	Yes, we were. No, we were not (weren't.	
	Were they late vesterday?	Yes, they were. No, they were not (weren't)	
	Did I work last week?	Yes, you did. No, you did not (didn't)	
work	Did you work last week?	Yes, I did. Na. I did not (didn't).	
	Did he / she work last week	Yes, he /she drd No, he/ she did not(didn't).	
	Did we work last week?	Yes, we / you did. No, we / you did not (didn't)	
	Did you work last week?	Yes, we did. No, we did not (didn't).	
	Did they work last week?	Yes, they did. No, they did not (didn't)	

3.动词过去式的构成

动词过去式的构成分为规则与不规则两类。规则动词过去式一般有四种构成方式其读音规则一般是:清辅音后面读作/t/, 浊辅音和元音后面读作/d/、/t/和/d/后面读作/d/。

表8 动词过去式的构成与读音

类别	构成方法	例词	读音
一般情况	加 -ed	look-looked play-played start-started	/luk/ /pleɪd/ /sta:tɪd/
以e结尾的动词	加-d	hope-hoped live-lived use-used	/həupd/ /lɪvd/ /ju:zd/
以重渎闭音节结 尼的动词. 末尾只 有一个辅音字母	双写词尾的辅 音字母,再加 -ed	stop-stopped plan-planned	/stopt/ /plæd/
以辅音字母加y 结尾的动词	变y为i.再加 -ed	study-studied carry-cayyied worry-worried	/stʌdɪd/ /kærid/ /wʌrɪd/

八、句子种类(Sentence Types)

英语句子按照用途可分为陈述句、疑问句、祈使句和感叹句四类,七年级上册已经介绍了部分句子种类,此处重点介绍祈使句和疑问句中的选择疑问句的用法.

1. 祈使句(Imperative Sentences)

祈使句一般用来表示请求、命令、劝说、号?1 警告等。祈使句的主语一般是第二人称you,但往往省略。祈使句的肯定式以动词原形开头,否定式在动词原形前加don't。例如:

Just go along this street and turn left

Be careful when you cross the street.

Practise the guitar every day

Don't be late for class.

Don't fight.

Don't cheat in the exam.

为表示礼貌,祈使句经常在句首或句末加please。句末用please时,前面通常加逗号例如:

Please write and tell me about yourself.

Please call Karen at 555-8823.

Come in, please.

以let开头的句子也是祈使句的一种结构,常用于第一人称和第三人称,表示建议邀请和劝说等。例如:

Let me tell you the way to my house.

Let's see the lions.

Let him come in.

Let them play basketball with us.

2.选择疑问句(Alternative Questions)

选择疑问句提供两种或两种以上情况,问对方选择哪一种,选择项用or连接。选择 疑问句不能用Yes或No来回答。朗读时or前面部分用升调,后面部分用降调。例如:

- A: Is she tall or short?
- B: She's tall.
- A: Do you usually eat a birthday cake or noodles?
- B: I usually eat noodles.
- A: What would you like, tea, juice, or coffee?
- B: I'd like some tea, please.